

the AnthemWay

May 2024

A publication of the Anthem Community Council



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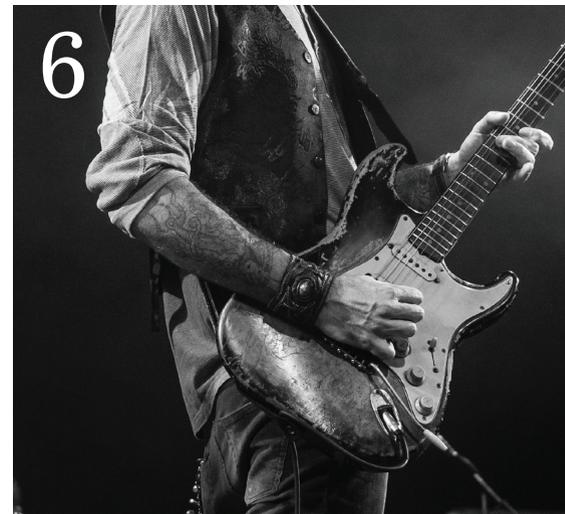
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Published six times annually, "The Anthem Way" is your guide to news and information about programs and services offered by the Anthem Community Council, as well as pertinent business and HOA-related information. All contents are copyrighted 2022. For additional community information: OnlineAtAnthem.com.



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Market in the Park: A Welcome Delight

Each week, around a hundred Anthem residents have come out to the newest shopping experience since it launched in January 2023. The event, produced by Market on 41st in cooperation with Anthem Community Council, features local offerings including homegrown vegetables and fruits, locally produced honey, homemade salsas, handcrafted candles and soaps, and much more. Come on out Sunday May 5 & 19 at 9:00 a.m.-1:00 p.m. in the Community Park. Watch for an announcement for summer hours for the Market in the Park!



Anthem's Market in the Park

Anthem Days 2024

April showers bring May flowers, and this year Anthem Days 2024 got a taste of those desert storms! Despite the ever-changing weather, thousands of Anthem residents and guests took time to meet the businesses that serve the Anthem community. The Anthem Community Council was excited to share all the services and activities available year-round to residents at the information booth.

Families and kids of all ages enjoyed the carnival and bounce houses. Hundreds of kids hopped around like bunnies finding the hidden treasure at the annual Eggstravaganza egg hunt. After a morning full of activities, guests were greeted by a variety of cultural experiences at one of the many food trucks/vendors secured for the event!

Thanks to all the business and food vendors, sponsors, title sponsor Reliance Heating & Air Conditioning, Daisy Mountain Fire & Medical, Arizona Rangers North Valley, and volunteers who helped make this event a great one. Thanks also to ACC Special Events, Parks & Facilities, Park Patrol, and other team members working behind the scenes and day of the event for their extra efforts.

Find Your Best Job Here

Anthem Community Council is always looking to hire qualified individuals to be part of our amazing team. We feel good knowing our efforts enhance the lifestyle and quality of life for over 30,000 residents in one of Arizona most beautiful communities. Do you know someone who is looking for the best job ever? See the current openings!

>> Onlineatanthem.com/job_opportunities

A Day of Remembrance, May 27

The Memorial Day ceremony - A Day of Remembrance - is May 27, 9-9:45 a.m., at the Anthem Veterans Memorial. The event is hosted by Daisy Mountain Veterans with support from the Anthem Community Council.

There will be a POW/MIA remembrance, symbolized by a single bell ring, for each veteran in the Anthem Veterans Memorial Circle of Honor who was killed or missing in action. The ceremony will include notable speakers and musical performances. To honor the sacrifice of our veterans and their families, the program will end with the playing of "Taps" and a moment of silence.

Seating will be available for ceremony participants, attendees, and ADA guests. Daisy Mountain Veterans thanks Sunbelt Rental (AtoZ Party and Rentals) who donated three hundred chairs to provide additional seating for our ceremony guests. Attendees are encouraged to bring their own chairs or blankets for added seating. No tents or large umbrellas will be allowed. Attendees should also bring water as this is an outdoor event. Free parking is available in the three lots connected to the Community Park, but the lots will quickly fill.

>> OnlineAtAnthem.com/AVM



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ANTHEMCHELLA

FREE MUSIC EVERY FRIDAY IN MAY 7-9 P.M.

MUSIC IN MAY
41703 N. Gavilan Peak Parkway



COMMUNITY PARK
AMPHITHEATER

Soulitify

Soulitify, one of Arizona's top cover bands, will be performing at Music in May on May 3. Known for providing a concert-like experience, Soulitify will be performing a special set of songs for Cinco De Mayo! **FOOD TRUCKS:** Sweet Magnolia Smokehouse, Queso Good, Cheese Out, FrostedFrenzyCupcake, Moore of That, Kona Ice.

FRIDAY MAY 3

FRIDAY MAY 10

Highest Conspiracy

Inspired by reggae, rock and roll, hip-hop, and pop music, Highest Conspiracy is thriving in the live music scene of Arizona. With the release of their second EP "Nowadays", they are leaning into their unique roots and providing a true musical experience! **FOOD TRUCKS:** Rocco's Cheesesteaks, Pokys Cocina, The Snowy Churro, Moore of That, Big Brotha BBQ, Kona Ice.

Thaddeus Rose

This variety band offers the best dance rock hits spanning several decades. Their intuitive and genuine nature allows them to connect with their audience through the art of music. Thaddeus Rose will be performing a mix of classics guaranteed to light up Music in May! **FOOD TRUCKS:** RockStar HotDogs, AZ Fry Guy, Big Mamma's Events, Moore of That, Big Brotha BBQ, Kona Ice.

FRIDAY MAY 24

KC and The Moonshine Band

KC and The Moonshine Band is bringing their rockin' country covers to Anthem! This female fronted, country cover band will be performing a mix of classic country, 90's country, and modern country. Their energy and heart will be felt all throughout the community! **FOOD TRUCKS:** Flyin' K Bbq, The Fry Bread Truck, Rosie's Kitchen, Doctor Froyo, Moore of That, Kona Ice.

FRIDAY MAY 31

DJ and Karaoke (6-9 p.m.)

After four weeks of band-filled Fridays, we invite you to get on stage and sing your favorites! This final Friday in May will feature a DJ playing a variety of hits. Sit back and watch your neighbors sing their hearts out! **FOOD TRUCKS:** Queso Good, All Cooped Up in AZ, Mel N Libby's, FrostedFrenzyCupcake, Moore of That, Big Brotha BBQ, Kona Ice.

AND ...

FOOD TRUCKS EVERY FRIDAY

Food trucks will be on site beginning at 6 p.m.

This FREE family-friendly event invites the community to grab a blanket, bring a picnic dinner, and enjoy great music underneath the Anthem sky.



anthem
community council

Thank you to our sponsors!



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Preparing for Spring Turf Transition

Contributed by William Redford, DLC Resources Field Manager



Spring in Arizona brings warm – but luckily not sweltering – temperatures and lots of colorful, blooming plants and flowers. What's more, spring is also the time of year when we can start preparing for turf transition! Summer Bermuda turf will start to wake from dormancy, and with a smooth transition, you can keep your yards looking great through the summer! Below, we have some information and tips.

Turf Transition – What is it?

As temperatures rise, dormant Bermuda turf will begin to grow, competing with any lingering Ryegrass for space and nutrients. The longer the Ryegrass competes with the Bermuda, the less time the Bermuda has to establish its roots and develop into healthy, green grass. If you did not overseed last fall, then you will only need to focus on encouraging the Bermuda to grow with irrigation adjustments and fertilizing.

What Steps Should I Take to Prepare?

First, a simple adjustment to your mowing practice will help kick-start the transition: reduce mow heights to 1.5 inches or 1 inch. The lower cut will allow the emerging Bermuda, otherwise shaded by the taller Ryegrass, to capture necessary sunlight. This mowing method typically has a dramatic impact, as it helps scalp down the Ryegrass more quickly than simply letting it die naturally.

Second, adjust your irrigation system programming for longer and less-frequent run



Lowering mow heights to 1.5 inches or 1 inch helps the Bermuda receive the nutrients needed to grow

times. While the roots of Ryegrass turf thrive on regular and shallow watering, Bermuda grass roots grow deeper in the soil. Vary your start times to avoid irrigation runoff while still soaking the Bermuda to its roots.

Third, apply a balanced fertilizer, such as 21-7-14, to help stimulate root development and to provide nitrogen, which aids in canopy growth.

Finally, if your winter Ryegrass was especially thick, visit your local hardware shop and rent a tool called a dethatcher (or verti-cutter). Dethatching tools lift out remaining dead Ryegrass blades that have built up between the soil and the surface of the turf. Dethatching opens up space for water and sunlight to penetrate the soil and hit the emerging Bermuda.

Remember too, now may be a good time to apply a pre-emergent to your turf before weeds start popping up!

Your DLC crew will oversee turf transition in your common areas on a large scale, so we can all look forward to attractive, healthy Bermuda grass. Here's to a green summer!

>> [DLC Resources.com/learning-center](https://www.dlcresources.com/learning-center)



Last year's healthy Bermuda by the Sports fields



Pamela.Charlet, Community Manager
 Pamela.Charlet@brownmanagement.com
 480-539-1396, OnlineAtAnthem.com/Village

Upcoming Board meetings

Board meetings are held quarterly and will be posted in advance on the community calendar. Meetings are held at 6 p.m. at the Anthem Civic Building. Meetings are open to all residents; attendance at all sessions is encouraged.



ACCCA Contact Information
staff@accchaoa.com, 623-742-6030
OnlineAtAnthem.com/ACCCA

Connect with your community on social media

Please follow the ACCCA on Facebook, Twitter and Instagram to get important and timely updates on news that impacts our community.





Work for the ACC.
For more information, visit
OnlineAtAnthem.com/job_opportunities

Keep an eye out at the park

As the nighttime temperatures continue to stay higher, vandalism or graffiti at neighborhood parks tend to occur. The APCA is reaching out to Parkside residents to help protect our beautiful park resources by simply keeping an eye out while at the park – your eyes and ears are a valuable crime prevention tool.

If you witness any suspicious or illegal activity in progress, please report it to either the Maricopa County Sheriff's Office (MCSO) or the Phoenix Police Department, and vandalism, maintenance or other issues to the APCA. Your action of reporting allows law enforcement and the APCA to be proactive in addressing concerns. A concerned community can deter crime by reporting suspicious activities.

- Emergency: 911
- Vandalism/Non-Emergency: 623-879-3028

Suspicious Activities:

- MCSO, 602-876-1011 (east of I-17) or
- Phoenix Police Dept., 602-262-6151 (west of I-17)
- Graffiti: Report through the online tip form on the website.



Mary Beth Zahn, APCA Community Manager
mzahn@associatedasset.com, 623-742-6004
OnlineAtAnthem.com/Parkside

Congratulations to newly elected board members

Thank you for taking the time to cast your vote! The following are the officers of the APCA Board of Directors:

- Shari Miller, President**
- Rob MacGregor, Vice President**
- Eric Jackson, Secretary**
- Naresh Goel, Treasurer**
- Raymond Wysmierski, Director**

MONSOON AWARENESS WEEK

Monsoon awareness week is June 9-15, kicking off a season lasting through September that brings dust storms, thunderstorms and flash floods. Monsoon season is a time when we need to take extra safety precautions. Here is a list of must-know monsoon safety tips.

- Move inside and avoid travel during storms.
- If driving during a dust storm with limited visibility, pull off the road and get as far to the right as possible. Turn off the car and headlights. Set the parking brake and do not step on the brake pedal.
- Stay clear of trees, power lines and telephone poles during thunderstorms; remain inside for at least 30 minutes after the last thunder.
- Do not drive into flooded roadways or go around barricades.
- Do not play or allow children to play in flood waters.



PROSKILL CARES

“Systematically Supporting the Communities that Support our Team”

Every service call that is booked through the organization’s designated phone number, ProSkill will donate 2% of the total revenue generated towards the organization.

Call to Schedule your Appointment:

| Charity/Club | Phone Number |
|-----------------------|----------------|
| Anthem Blue Baseball | (623) 439-1500 |
| Anthem Pets, Inc | (623) 236-1566 |
| BCHS Boys Lacrosse | (623) 232-2577 |
| BCHS Girls Soccer | (623) 227-0906 |
| BCHS Girls Volleyball | (623) 244-1399 |

If you are a local charity and looking to expand your donations, please feel free to contact us at proskillcares@proskillservices.com.

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Business Solutions

Let us help you manage your recycling and waste, so you can focus on your customers and your business.



Home Solutions

Find residential trash and recycling services in your area.

Visit our website
www.republicservices.com
to learn more and get started

MAY

3, 10, 17, 24, 31st | MUSIC IN MAY
7 p.m. (6 p.m. on the 31st)
Community Park

5th | MARKET IN THE PARK
10 a.m.
Community Park

19th | MARKET IN THE PARK
10 a.m.
Community Park

21st | ACC FINANCE COMMITTEE MEETING
3 p.m.
Civic Building

22nd | ACC BOARD OF DIRECTORS MEETING
6:30 p.m.
Civic Building

27th | MEMORIAL DAY
9 a.m.
Anthem Veterans Memorial

JUNE

4th | PUBLIC SAFETY ROUNDTABLE
2 p.m.
Civic Building

20th | PARKSIDE BOARD MEETING
6 p.m.
Civic Building

25th | ACC FINANCE COMMITTEE MEETING
3 p.m.
Civic Building

26th | ACC BOARD MEETING
6:30 p.m.
Civic Building

Holiday hours: The Community Center is open Memorial Day, May 27 from 7 a.m.-7 p.m. The Civic Building will be closed Saturday, May 25 through Monday, May 27 in observance of the holiday.

Not a comprehensive list; refer to the Activities Guide and community calendar online for a full list of upcoming meetings and programs.

>> OnlineAtAnthem.com/calendar

2024 Dates to Remember

- **May 3, 10, 17, 24, 31** | Music in May (7-9 p.m., Community Park Amphitheater)
- **May 27** | Memorial Day Ceremony (9 a.m., Anthem Veterans Memorial)*
- **July 3** | Independence Day Celebration (6-9:30 p.m., Community Park)
- **October TBD** | Go Green (8-10:45 a.m., Community Park lower lot)
- **October TBD**** | Autumnfest (10 a.m.-4 p.m., Community Park)
- **November 11** | Veterans Day Ceremony (10 a.m., Anthem Veterans Memorial)

*Dates and times subject to change.
*Hosted by the Daisy Mountain Veterans
**May be subject to change*





Community Center

41130 N. Freedom Way
Anthem, AZ 85086
623-879-3011

Programs Director

Scott Newell
623-879-3023

Business Support Manager

Jennifer Hamilton
623-879-3012

Sports and Fitness Manager

Bobby St. Pierre
623-742-6021

Aquatics Supervisor

Liam Maurisak
623-879-3027

Children and Family Programs

Allison Kaikala
623-879-3014

Dolphins' Head Swim Coach

Paul Root
623-879-3015

Security Manager

Zach Rahn
623-879-3042



Civic Building

3701 W. Anthem Way
Anthem, AZ 85086
623-742-6000

Customer Service & Business Support Manager

Omar Pequeno
623-742-6020

Memberships and Ramada Reservations

To activate a Community Center or dog park membership, make changes to an existing membership, or to reserve a cabana or ramada, call Membership Services at 623-879-3011.

Community Center Hours

Monday-Thursday: 5 a.m.-10 p.m.
Friday: 5 a.m.-8 p.m.
Saturday: 7 a.m.-8 p.m.
Sunday: 10 a.m.-7 p.m.

Lap Pool Hours

Pool hours vary based on seasonal programs. Schedules are posted online.
>> OnlineAtAnthem.com

Civic Building Hours

Monday: 8 a.m.-5 p.m.
Tuesday: 8 a.m.-7 p.m.
Wednesday: 8 a.m.-7 p.m.
Thursday: 8 a.m.-7 p.m.
NEW HOURS Friday: 8 a.m.-3 p.m.
Saturday: 9 a.m.-noon
Sunday: Closed

Late Fee

After the registration deadline, fees may increase.

Cancellation Policy

Minimum participation might be required to run programs. If the minimum is not met by the registration deadline, the program/sport is subject to cancellation.

Refund Policy

Should circumstances prevent your participation in a program you have registered for, please fill out a Refund/Credit Request Form immediately. Requests must be submitted within 48 hours of the start of the program to be eligible for a credit or refund. **Some programs are non-refundable.**

Program Updates

Information listed in the guide is current as of the print date. Occasionally, dates, days, and or times may change due to registration demands, instructors' independent contractors' schedules, and or facility availability. Check online for current details.

Registration is now open for all programs listed

All residents with an existing Community Center membership need to update your (and your family's) information if you have not done so recently. New membership photos will be taken and your key tags updated.

Instructions about how to create an online registration username and password are posted on OnlineAtAnthem.com. Once your membership is updated, register for both Community and Civic Building programs, book facilities/ramadas, and view your program registration history (see what classes you've registered for).

>> OnlineAtAnthem.com

Activities Guide Categories

The online registration software includes categories for activities and programs. Please note these categories and their color code (in the Activities Guide). When you register online, these same categories will appear to help guide you.

Why the rush?!

A reminder that when registering for anything through CivicRec, please be sure to wait a few extra seconds until you see your confirmation message. Refreshing the page or trying to register again can lead to double charges. Thank you!

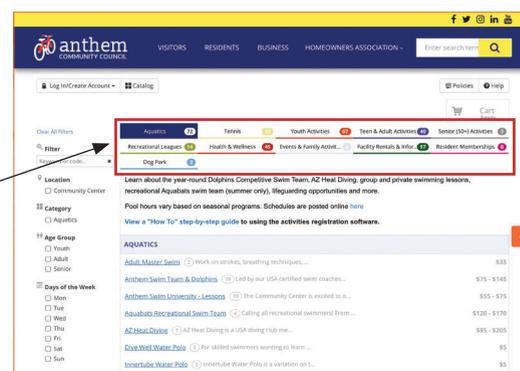
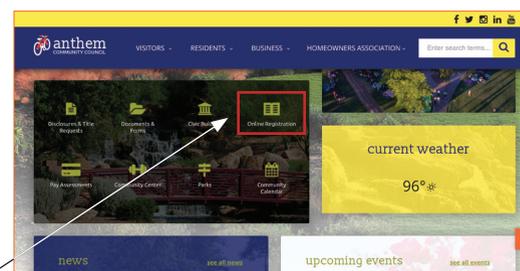
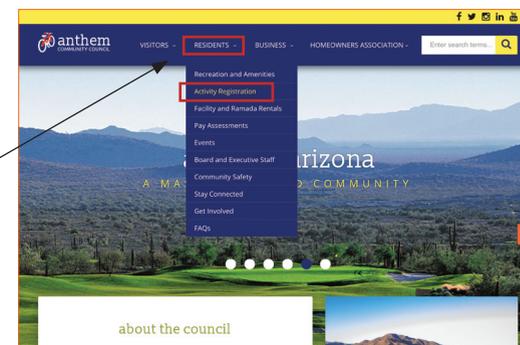
How to get to the Activity Registration page on the ACC website:

1. Go to OnlineAtAnthem.com
2. Click the **"RESIDENTS"** tab within the top menu.
3. Scroll down the menu and select **"Activity Registration."**
4. You will be taken to the online registration main page.

or

1. Go to OnlineAtAnthem.com
2. Scroll down to the middle of the page to the dark box below the "about the council" box.
3. Click the icon on the top far right labeled **"Online Registration."**

You can click on any of the tabs below the main menu to go to the section you'd like to see. Current dates and times will be listed for each class.



Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-aquatics.



Dolphins Competitive Swim Team

Ages: 5 yrs.+

Bronze/Purple level:

Beginning swimmers 7 yrs. and under (must have passed a coach-led swim test).

Silver level: New and returning swimmers have moved up from Bronze or passed a swim test.

Gold level: Swimmers have successfully completed the Silver level or previously been on a swim team.

Senior/National level: Advanced swimmers looking to compete at the highest level in the state; optional morning workouts included.

*Includes optional extra workouts, including some Saturday mornings and "dry land" exercise and for summer may include long course practices. For more information contact Coach Paul Root, proot@anthemcouncil.com.



AZ Heat Diving

Ages: 6 yrs.+

AZ Heat Diving is a USA diving club member team. Club membership is required and must be current through USA Diving, and is separate from monthly fees. Contact Coach Jeff Kunselman at jckunselman@gmail.com with any questions.

Times may be adjusted based on number of divers.

Private Swim Lessons

Ages: All

All private lessons are with trained and certified instructors and coaches; times are set up with the instructors directly. Email Scott Newell at snewell@anthemcouncil.com for more information.

Jr. Lifeguard and Jr. Camp Counselor

Ages: 11-15 yrs.

This class is for first-time participants who will learn skills necessary to be a lifeguard and/or childcare staff; must be comfortable in the water, around children and able to swim the full length of the pool. Bring a swimsuit (one-piece for females), change of clothes, towel, sunscreen, water bottle and sack lunch each day. You must pass a swim test the first day. Graduates will have the opportunity to volunteer alongside lifeguards and childcare staff during the summer.

Aquabats Summer Recreational Swim Team

Ages: 4-16 yrs.

Calling all recreational swimmers! From beginner to advance skill levels, the Anthem Aquabats Recreational Swim team offers superior instruction, coaching, and organized area swim meets. All NEW swimmers must be able to swim across the pool (25m) on their front and back.

Summer Swim Lessons

Ages: 2 yrs. 6 m. - 11 yrs. 6 m.

All lessons will be taught by a Starguard Elite Lifeguard, they will be a 3:1 ratio.



Rock Wall climbing

Youth Membership - \$45/mo.

- Includes one child
- Includes unlimited Rock Wall climbing

Drop-in: \$7/person per hour

Hours:

Monday-Friday: 4-8 p.m.
Saturday-Sunday: 10 a.m.-6 p.m.

Age: Must be 3 years of age and 20 lbs. to climb the wall.

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-youth-activities.



Parents' Night Out

Ages: 3-12 yrs.

Kids will play games, make crafts, climb the rock wall (tennis shoes required) and eat pizza. Bring a water bottle and sack dinner (if pizza isn't desired). June 21 & July 19

Youth Tennis

All tennis classes instructed by certified teaching professionals. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094. You can also email cherylbarnett@cox.net. Visit with the instructor for details. Prorated rates are available for sessions that have already started; contact instructor.

Tiny Tots

Ages: 3-7 yrs.

Players learn motor skill development, including footwork and hand-eye coordination.

Future Stars

Ages: based on playing ability

Novice to advanced-beginner players learn the fundamentals of playing tennis, scoring and footwork, whereas experienced players focus on training and technique to advance to the next level.

Junior Champs

Ages: based on playing ability

Experienced players focus on training and technique to advance to the next level

Volleyball Skills Clinic

Ages: 10-13 yrs.

This six-week clinic will provide you with advanced volleyball skills. Six sessions are led by experienced coaches.

Anthem Tots Sports

Ages: 3-6 yrs.

Hosted by the Community Center, Anthem Tots Sports will have six sessions. On Saturdays, the class will consist of 20-minute instructional drills followed by a game with two, 10-minute halves.

Soccer & Basketball

Ages: 3-4 yrs. & 5-6 yrs.

Sketching

Ages: 9-15 yrs.

Take your sketching skills to the next level! Every student comes in at a different skill level and every student gets the individual coaching he or she needs to grow as a sketch artist.

Aquatics Park & Splash Pads

Opening weekend of the Big Splash Water Park is May 25.

Dive Well: The Dive Well is now open, with Saturday lifeguards on duty through May 11, noon-5 p.m. Daily hours will begin May 25.

Summer Water Park Hours (starting May 25-August 4)

• Mon-Sat, 10 a.m.-7:00 p.m.

(Thur, 9-10 a.m. is designated for special needs children only.)

• Sun, 10 a.m.-6:00 p.m.

Last day of summer Water Park hours is August 4; weekend Water Park hours will continue through Sept 2 (Labor Day).

Splash Pads: The Adventure Playground Splash Pad and Liberty Bell Splash Pad are open; hours are 10 a.m.-sunset.



Dance

Creative Combo

Ages: 3-5 yrs.

This exciting introduction to ballet, jazz, tap and tumbling is a fun and creative class will keep your young dancer engaged, while instilling a love for movement and dance! Drop-in rates of \$20 per session are available.

Creative Combo II

Ages: 4-6 yrs.

A continuation of our Creative Combo I Class instilling further terminology and movement sequences in jazz, ballet, tap, and tumbling. Great exercise for your young dancer.

Kinder Combo

Ages: 5-7 yrs.

Come join us for ballet, jazz, tap, and tumbling for a slightly older age group. This class is fun and creative, and will keep your dancer engaged, while instilling a love for movement and dance!

Junior Combo I/II

Ages: 7-13 yrs.

Jazz, tap, ballet, hip-hop, and tumbling make this dance class a thrill for all beginning and intermediate dancers! Dancers continue to build on their technique and terminology foundations while increasing stamina, flexibility and their love of dance!

Cheer 101/201

Ages: 6-12 yrs.

Is your child interested in cheerleading but you don't know where to start? This class is it! Learn basic cheer positions, tumbling, jumps, and terminology in this high-energy kids cheer class. Ms Dee (a former NBA & NFL professional cheerleader) wants to instill a love for movement and cheerleading in your child!

Brain Powers Chess

Ages: 5 - 14 yrs.

Location: Civic Building

Brain Powers teaches the game of Chess and other games rooted in concentration of thought and strategic principles. Offering classes and one-on-one instruction to help build memory, thinking speed, and accuracy, including learning from mistakes and turning them into positive life lessons.

Tutors Grades K-12

Ages: Grades K-12

We understand that every child learns differently and sometimes one on one support/coaching can help a child understand the course content on a deeper level. Anthem Community Center is now providing an opportunity for your child to get the support he/she needs.

Summer Day Camp

Ages: 5-12 yrs.

Bring your child to the most fun summer camp around! Pick a week or join all 11! Activities include arts & crafts, sports, outdoor & gym games, rock wall climbing, daily visits to the waterpark and more! Participants need to bring a non-perishable lunch and two snacks, a towel, sunscreen, swimsuit and wear athletic shoes (required for the rock wall).

Basketball Skills Clinics & Sports Performance

Anthem Area Basketball - FUNDamentals

Ages: 7-17 yrs.

Youth will experience four major components of playing basketball. Each week will focus on a specific aspect of basketball which includes dribbling, shooting, passing, and basketball dynamics. Children will learn the fundamentals of basketball in a fun, interactive setting. Please bring an age-appropriate basketball and bottled water.

Anthem Area Basketball -Sports Performance Training

Ages: 7-15 yrs.

A program designed to enhance your athletic performance and complement your basketball skills training. This class is formatted like a P.E. class, making it engaging, fun, and beneficial for athletes of all levels. You will be guided through this program that focuses on speed form and agility footwork. These are key components in sports performance, especially in basketball, where quickness, responsiveness, and coordination play a significant role.

Anthem Area Basketball - Foundational

Ages: 14 yrs.+.

Experience basketball training designed to enhance fundamental and basketball-specific skill, by establishing building blocks for athletes. Children will receive instruction on skills, drills and conditioning in dribbling, passing, shooting, and basketball dynamics. Please bring an age-appropriate basketball and bottled water.

Caregiver and Me Music

Brown Teddy Bears

Ages: 5 yrs.-younger

Learn music skills, rhythm & beat, vocal & pitch development, fine motor skills, gross motor skills, classical music experience and more. Prorated options are available.

teen & adult activities

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-teen-adult-activities.



Scan to go to registration page.

Child and Babysitting Safety

Ages: 11-15 yrs.

Learn babysitting and childcare skills like CPR and First Aid from a certified SGE instructor.

Everyday Card Making Class

Ages: 16 yrs.+

In this class Independent Stampin' Up! Demonstrator, Vicki Dell will guide you in making cards suitable for a variety of occasions. In this class you will be making cards for Halloween and Fall (projects will depend on product availability). All supplies are included. Class size is limited. Please register early to reserve your spot. **Min. 4; max 12.**

Big Idea Forums

Ages: 18 yrs.+

Location: Civic Building

Big Ideas Forum hosts its next discussion/presentation event. Join us in learning, exploring, and understanding subjects that impact us all, be it cutting edge technology, socio-economic, or cultural trends and phenomena. Expect to be challenged. As always, this event is free.

Tennis

Tuesday/Wednesday/Thursday/Sunday Tennis "Drop-in" Doubles

Ages: 18 yrs.+

Drop-in format, come and play! **7 p.m. start.** Cost: **\$2/person/day.** Cost includes one can of balls per court; pay at Community Center front desk or register online before playing. Payment will not be accepted on the courts. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094.

Pickleball Private Lessons (Adult/Youth)

Middle School Club Pickleball Program

Ages: 12+ yrs.

Private Lessons with Certified Coach Paul Roberts is currently accepting all Adult or Children Students who want to improve their game. Each lesson is specifically tailored to you or your group to ensure we focus on the skills that will take you to the next level. Whether you are a true beginner, someone who wants to get into tournament play, or looking to get to an advanced level, He can work with you to meet your goals. Paul has a proven track record of training both adults and children to improve their skill set quickly and efficiently. I am open to coach 1 on 1, 2 on 1, and 3 on 1. Paul will also coach entire families or large groups in an event type format if desired. Available most weekday nights in Anthem for coaching and can be available other times with advance notice.

ADVENTURE CLUB

Parents may drop off their children (6 mo.-9 yrs.) for a maximum of two hours per day, but must remain at the Community Center. Children are supervised by ACC staff members.

Cost: \$5 per child for the first hour and \$7 per child for two hours. Unlimited and VIP monthly packages are available.

Monday-Friday: 8 a.m.-12:30 p.m.; 4-7:30 p.m.

Saturday: 8 a.m.-12:30 p.m.

senior (50+) activities

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Scan to go to registration page.

Mexican Train Game

Location: Civic Building

Mexican Train is a game played with number dominoes. The object of the game is for a player to play all the dominoes from his or her hand onto one or more chains, or "trains", emanating from a central hub or "station." Be the first player to lay down all of your dominoes; whatever tiles are left in your hand count against you, so play strategically and try to get rid of the high-numbered tiles. Four players per table; supplies provided. Bring a friend!

Ongoing 12-4 p.m. F Free

Golden Go-Getters Game Days

Location: Civic Building

The Golden Go-Getters are a vibrant, organized group of Anthem residents over the age of 50 yrs. who meet to build friendships, play games and participate in events. There are no dues or meeting obligations.

Ongoing 12-4 p.m. M Free

Game Day with Friends

Location: Civic Building

Bring a friend and play games. Featured games will be Mahjong, Mexican Train, and card games. Supplies provided.

Ongoing 12-4 p.m. W Free

recreational leagues

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-rec-leagues.



Scan to go to registration page.

With questions about any of the programs offered in this section, please contact Bobby St. Pierre at bst.pierre@anthemcouncil.com.

Adult Leagues

Adult COED Softball League

Ages: 16 yrs.+

The ACC will be partnering with some of the local leagues to offer coed softball. Games will be played Saturday evenings out at the Softball fields. Teams will play a 14 game regular season schedule, with playoff at the end of the season. USSSA Softball rules will be utilized. Full 12 person teams are encouraged to sign up as well as free agents looking for teams.

Youth Leagues

Parents may request either a coach or fellow player for their child; however, requests might not be granted. Once teams are formed, coaches will contact players with practice details. Game schedules will be posted.

To volunteer as a coach, contact Bobby St. Pierre at bst.pierre@anthemcouncil.com.

Soccer

Ages: 3-14 yrs.

Volleyball

Ages: 10-14 yrs.

Basketball

Ages: 7-14 yrs.

Pickleball

Ages: 10-14 yrs.

PRIVATE POOL RENTAL AREAS

Barbecue Party Area

The Barbecue Picnic Area is the perfect option for medium sized family reunions, birthday parties, or just an evening with friends. Residents can enjoy the party area for two hours during open pool hours and include up to 50 guests. This fully shaded picnic area includes 12 round tables, 50 chairs, fully operational gas grill, sink, and wrap-around outdoor island.

Rate (2 hrs.): \$100; residents only
Availability: Year-round during posted pool hours

Water Park Party Area (2 total)

The Water Park Party Area is the perfect option for smaller groups who want to enjoy the water park during open pool hours. Residents can enjoy the party area for two hours and include up to 25 guests. The area includes two 6-ft. tables, five round tables, and 25 chairs; no umbrellas provided but residents may bring a 10'x10' easy-up canopy. Feel free to decorate tables and dedicated party area, and bring your own food and treats for your guests.

Rate (2 hrs.): \$75; residents only
Availability: During water park season only

Pool Cabana Rental (5 total)

New in 2022, rent a private cabana area near the Big Splash Water Park. Each area features two lounge chairs, small table with chairs and cooler. This space accommodates parties of up to 8-10 people.

Rate (2 hrs.): \$50 residents only
Availability: During water park season only

Exclusive Water Park Rental

Get exclusive access to the entire water park, lap pool, and dive well for two hours with this private booking. Maximum capacity of 50 allowed during private parties in the water park complex. This party package gives residents the option to have a local vendor cater the event, but alcohol and glass is not permitted in the facility. Reservations available on Saturday and Sunday only and would start 30 minutes after posted closing. A non-refundable deposit is required for all bookings.

Rate (2 hrs.): \$500 resident; \$1,000 business
Availability: During water park season only

Register at OnlineAtAnthem.com under 'Residents' and 'Activity Registration.' Contact Liam Maurisak at lmaurisak@anthemcouncil.com with questions.

Fitness & Adventure Club Membership Options

- VIP Fitness & Childcare Membership - \$69/month*
- Fitness Class Membership - \$55/month*
- Peleton Only Membership - \$35/month**
- Adventure Club Membership - \$45/month*
- Fitness 12-Punch Pass - \$65
- Fitness 24-Punch Pass - \$125
- Fitness Classes - Monthly - \$60
- Adventure Club - Monthly - \$50

*Terms: Understanding that this resident only membership will be set up for recurring monthly billing, so a valid credit card is required. There is a minimum of three (3) months of participation. After that period, membership is month to month. Termination of this membership must be done in writing and submitted by the 20th day of the current month for payments to stop for the next monthly billing. Group Fitness and Adventure Club usage is governed by existing rules. Residents agree to carry a Membership Card to identify their participation. All other Community Center rules still apply.

**Peleton Classes under VIP Fitness Package, Fitness Class Membership. Not under Fitness 12-Punch Pass, Fitness Classes Monthly \$60 or any of the Adventure Club passes.



Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-health-wellness-activities.



Scan to go to registration page.

With questions about any of the programs offered in this section, please contact Kellen Popovich at kpopovich@anthemcouncil.com.

Parent-Teen Fitness Certification

Ages: 12-13 yrs. and adult

A certified trainer guides parents and teens through the regulations of the fitness floor, safe exercises and general fitness topics. Upon completion, teens will be able to work out alongside their parents at the Community Center.

Personal Training

Workout options with certified personal trainers are offered for all fitness levels. Fees apply. If you are interested in working as a personal trainer or with a personal trainer at the Community Center, please call the Community Center Front Desk at 623-879-3011.

Jujitsu & Swordfit

Kids & Adults Jujitsu for Life

Ages: 10 yrs.+

Shoshin Ryu Jujitsu is a complete system of martial arts derived from Japanese martial traditions. Shoshin Ryu is a well-rounded art that allows one to defend from grabs, chokes, holds, weapons, strikes, throws, and ground attacks. Training also focuses on character-building life skills like respect, discipline, focus, and confidence.

SwordFit

Ages: 12 yrs.+

Learn combative Samurai sword skills using safe, padded weapons. Students learn basic movement and handling skills, and then progress to advanced blocking/striking patterns. Students will also learn to fight solo, in pairs, and on battle teams in a safe, controlled environment. It's a serious workout that develops discipline, eye-hand coordination, distance and timing, and teamwork. Most of all, it's fun!

Group Exercise Classes

Ages: Adult & Parent-Teen certified

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With questions about any of the programs offered in this section, please contact Kellen Popovich at kpopovich@anthemcouncil.com.

ALL LEVELS YOGA: Classes cover yogic postures, alignment, yogic concepts, and how to grow the practice into everyday life.

BOXOLOGY: This is a high-intensity cardio boxing class involving punching and kicking. Gloves and shoes required.

CARDIO DANCE: Join our morning dance party and get your workout in while you're at it! No dance experience necessary.

C.B.S. (Core-Balance-Strength): Toughen up your core, improve your balance, and increase your overall strength! We welcome participants of all levels and abilities.

DEEP WATER: Get your full-body workout while enjoying fresh air, beautiful views, and friendly company!

HIIT: A form of interval training, this exercise strategy alternates short periods of intense anaerobic exercise with less-intense recovery periods.

HIP-HOP CARDIO/ TONING: High-impact dance fitness to the latest hip-hop/pop music and light weights.

KICKOLOGY/ KICKOLOGY STRONG: Cardio Kickboxing/Kickology is a combination of dance and martial arts that will zap calories and define your muscles.

SHALLOW WATER: Water exercises are not only gentle on the joints, but they also invigorate all muscles, as well as loosen up and relax sore ones.

STRENGTH & CONDITIONING: Challenge your body and avoid fitness plateaus by using a wide variety of equipment and performing many types of exercises.

TRX: This class is designed to improve your overall strength and conditioning. It is weight training (your own body weight with the help of the strap), along with some cardio. This class is challenging, but every exercise can be modified to meet your level.

ZUMBA: Zumba is an interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.



Scan to go to registration page.

Dates and times are accurate (as of print date), but please be sure to check for the latest up-to-date program details online at bit.ly/ACC-events-family-activities.



Scan to go to registration page.

Market in the Park

Ages: All

Location: Main Upper Park

Join us at the Market in the Park. Outdoor shopping in a beautiful location with lots of vendors and variety.

| | | | |
|------|---------------|----|------|
| 5/5 | 9 a.m.-1 p.m. | Su | Free |
| 5/19 | 9 a.m.-1 p.m. | Su | Free |

Blood Drive

Ages: 16 yrs.+ (with signed parental consent)

Location: Civic Building

The need for blood is constant, and there is no substitute for volunteer blood donations. You must register in advance at redcrossblood.org and use sponsor code: **AnthemCivicCenter**.

| | | | |
|------|-----------------|----|------|
| 6/18 | 12:30-6:30 p.m. | Tu | Free |
|------|-----------------|----|------|



Market in the Park