



March 2024

the AnthemWay

A publication of the Anthem Community Council

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Published six times annually, "The Anthem Way" is your guide to news and information about programs and services offered by the Anthem Community Council, as well as pertinent business and HOA-related information. All contents are copyrighted 2022. For additional community information: OnlineAtAnthem.com.



Electric Equipment–Better for Anthem and Better for the Future

Contributed by William Redford, DLC Resources Field Manager



Have you noticed more peace and quiet in your Community recently? That may be a hard question to answer as we typically notice noise more often than silence. As far as your landscape goes, DLC Resources has made some significant changes to our equipment used in your Community that make a big impact.

Three years ago, California signed into law a ban on the sale of new 2-cycle (gas powered) landscaping equipment. Starting this year, lawmakers have been putting this ban into effect, and the trend has only continued from there. Cities around the US are following suit, and Arizona may not be far behind!

To get ahead of the curve, DLC has implemented the use of electric equipment at Anthem.

What is Electric Equipment?

Electric equipment is as it sounds–landscape equipment powered by a battery rather than by gas! Your DLC crew at Anthem uses two types – shrub trimmers and leaf blowers, although other types such as hand pruners, weed eaters and mini chainsaws are becoming more readily available.



Crewmembers are able to start blowing leaves earlier in the day without disturbing Anthem residents

Why is Electric Equipment Better for My Community?

The decision to transition from 2-cycle to electric equipment at Anthem was easy for us at DLC, and there are three main reasons.

First, battery-operated equipment offers a better experience for the user. So, the crewmembers that service your landscape can work efficiently and go home feeling less fatigued since electric tools produce fewer vibrations and heat than gas-powered tools. Landscaping is hard work, and quality equipment attracts quality employees that we can retain long-term to better service your Community.

Second, the gas engines used to power 2-cycle equipment are loud, and a gas blower can emit a rumble as loud as a small jet engine. That is 119 decibels! If you’ve ever woken up early in the morning to the sound of a blower outside your window, you’ll understand. Alternatively, electric blowers and other tools are quieter, primarily because they don’t idle like gas-powered tools. Since landscape maintenance can generally be noisy and disruptive, we make changes where we can to help mitigate noise.

Third, we are well aware that gasoline releases harmful pollutants into the air, contributing to lower air quality. Landscaping equipment with a 2-cycle engine is unique in that the engine burns a mixture of oil and gas to operate, which will emit carbon monoxide, nitrous oxide, and hydrocarbons – including carcinogens – into the air we breathe.

At DLC, we strive to provide quality landscape service through training, collaboration and innovation. The industry is changing, and we want to stay ahead for the benefit of our Community residents, our employees and the environment. So, when the time came to use electric equipment at Anthem, our answer was, “yes!”

>> [DLC Resources.com/learning-center](https://DLCResources.com/learning-center)



Your DLC crew uses electric shrub trimmers throughout Anthem with incredible results

2024 ANTHEM DAYS EVENT SPONSOR



“Systematically Supporting the Communities that Support our Team”

Every service call that is booked through the organization’s designated phone number, ProSkill will donate 2% of the total revenue generated towards the organization.

Call to Schedule your Appointment:

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Anthem Pets, Inc	(623) 236-1566
BCHS Boys Lacrosse	(623) 232-2577
BCHS Girls Soccer	(623) 227-0906
BCHS Girls Volleyball	(623) 244-1399

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anthem days

24th Annual Business Expo & Festival



March 16 & 17 | 10 a.m.-4 p.m. • Community Park
41703 N. Gavilan Peak Parkway

Enjoy these events all weekend:

- Business Expo & craft vendors
- Frazier Shows Carnival *(starts Thursday)*
- Food Court and Rotary Beer Garden
- Kids' Zone *(with inflatables; fees apply)*
- LIVE music all weekend

SATURDAY-ONLY EVENTS

- LIVE Music by The Damn Kids • 11 a.m.-3:30 p.m.

SUNDAY-ONLY EVENTS

- Eggstravaganza Egg Hunt
(featuring Peter Cottontail and the Hippity Hop Band)
- LIVE Music by K.C. And The Moonshine Band
11 a.m.-3:30 p.m.

OnlineAtAnthem.com/anthem-days

CARNIVAL HOURS

- Thursday:** 5-9 p.m.
- Friday:** 5-10 p.m.
- Saturday:** 1-10 p.m.
- Sunday:** 1-4 p.m.

Times subject to change. All-you-can-ride bracelets will be available during select hours. Eligible hours will be posted online.

Coupons available at the ACC booth during event. Advance coupon locations are posted online.



EGG HUNT SCHEDULE

Sunday, March 17

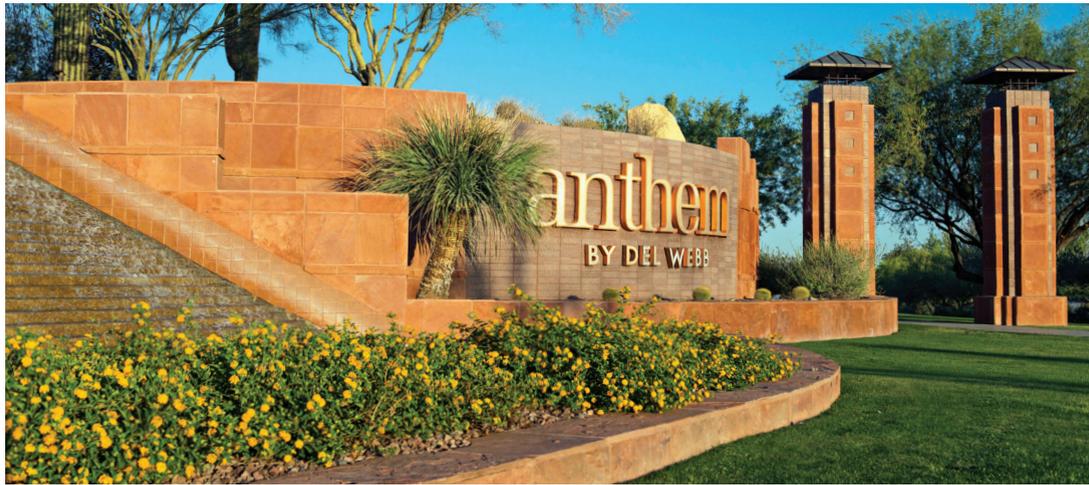
Special Needs - 10:15am- SB #4

- | | |
|----------------------------------|---------------------------------|
| 2 yrs. - 11:20 a.m. - SB #1 | 2 yrs. - 12:40 p.m. - SB #1 |
| 3 yrs. - 11:30 a.m. - SB #4 | 3 yrs. - 12:50 p.m. - SB #4 |
| 4 yrs. - 11:40 a.m. - SB #1 | 4 yrs. - 1:00 p.m. - SB #1 |
| 5 yrs. - 11:50 a.m. - SB #4 | 5 yrs. - 1:10 p.m. - SB #4 |
| 6 yrs. - 12:00 p.m. - SB #1 | 6 yrs. - 1:20 p.m. - SB #1 |
| 7 yrs. - 12:10 p.m. - SB #4 | 7 yrs. - 1:30 p.m. - SB #4 |
| 8 yrs. - 12:20 p.m. - SB #1 | 8 yrs. - 1:40 p.m. - SB #1 |
| 9 & 10 yrs. - 12:30 p.m. - SB #4 | 9 & 10 yrs. - 1:50 p.m. - SB #4 |



ENTER AT THE ACC BOOTH TO WIN A \$150 VISA GIFT CARD! *Submit a completed incentive card with 10 booth stamps. Must be 18 yrs.+ to enter.*





Mary Beth Zahn, APCA Community Manager
 mzahn@associatedasset.com, 623-742-6004
 OnlineAtAnthem.com/Parkside

Annual Meeting of the Parkside Board of Directors

The next APCA Board of Directors meeting is Thursday, April 18 at 6 p.m., at the Anthem Civic Building, with the seating of the new Board immediately following. Meeting agendas and reports are available online before the meeting. All Parkside residents are invited and encouraged to attend.

Voting ends March 8

Information regarding voting in the Anthem Parkside Community Association (APCA) Board of Directors and the Anthem Community Council (ACC) election was mailed at the beginning of February. Voting will be completely online. Parkside residents will submit ballots by electronic vote (E-Vote). Online voting ends on March 8 at midnight.

It's very important to take the time to review the candidate bios provided online at onlineatanthem.com/elections. With questions regarding the voting process, please email staff@anthepparkside.org

Correct mailing address with the HOA

Homeowners are reminded to provide their correct mailing address to the APCA. The mailing address will be used for mail correspondence from the APCA, such as community documents and election materials. To update your mailing address, please visit the APCA office during the hours of 8 a.m.-5 p.m., Monday-Thursday and 8 a.m.-3 p.m. on Friday or email staff@anthepparkside.org.



ACCCA Contact Information
staff@acccahoa.com, 623-742-6030
 OnlineAtAnthem.com/ACCCA

Connect with your community on social media

Please follow the ACCCA on Facebook, Twitter and Instagram to get important and timely updates on news that impacts our community.



Pamela.Charlet, Community Manager
Pamela.Charlet@brownmanagement.com
 480-539-1396, OnlineAtAnthem.com/Village

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MARCH

3rd | MARKET IN THE PARK
10 a.m.
Civic Building

5th | PUBLIC SAFETY ROUNDTABLE
2 p.m.
Civic Building

16-17th | ANTHEM DAYS
3 p.m.
Civic Building

3rd | MARKET IN THE PARK
2 p.m.
Civic Building

24th | MARKET IN THE PARK
10 a.m.
Civic Building

26th | ACC FINANCE COMMITTEE MEETING
3 p.m.
Civic Building

27th | ACC BOARD MEETING
6:30 p.m.
Civic Building

APRIL

1st | ASSESSMENTS DUE
5 p.m.
Civic Building

4th | ACCA BOARD ADMINISTRATIVE MEETING
3 p.m.
Civic Building

13th | GO GREEN
8 a.m.
Community Park (See pg. 9)

18th | ACC FINANCE COMMITTEE MEETING
3 p.m.
Civic Building

18th | PARKSIDE BOARD OF DIRECTORS MEETING
6 p.m.
Civic Building

23rd | ACC FINANCE COMMITTEE MEETING
6:30 p.m.
Civic Building

24th | ACC BOARD MEETING
6:30 p.m.
Civic Building

28th | ACCA BOARD OF DIRECTORS MEETING
6:30 p.m.
Civic Building

Not a comprehensive list; refer to the Activities Guide and community calendar online for a full list of upcoming meetings and programs: OnlineAtAnthem.com/calendar

Music in May

Music in May, the community's annual live concert series, kicks off May 3. Each week features a different band (watch the website for band announcements), with food trucks on site the first week.

Sponsorship opportunities are available! Visit the website for details.

>>OnlineAtAnthem.com/music-may

Looking ahead in 2024

- March 16-17 | **24th Annual Anthem Days** (10 a.m.-4 p.m., Community Park)
- April 13 | **Go Green** (8-10:45 a.m., Community Park lower parking lot)
- May 3, 10, 17, 24 | **Music in May** (7-9 p.m., Community Park Amphitheater)
- May 27 | **Memorial Day Ceremony** (9 a.m., Anthem Veterans Memorial)*
- July 3 | **Independence Day Celebration** (6-10 p.m., Community Park)
- October TBD | **Go Green** (8-11 a.m., Community Park lower parking lot)
- October TBD | **Autumnfest** (10 a.m.-4 p.m., Community Park)
- November 11 | **Veterans Day Ceremony** (10 a.m., Anthem Veterans Memorial)

Dates and times subject to change.
*Hosted by the Daisy Mountain Veterans

RECYCLE IT! SHRED IT! DONATE IT!

**Saturday, April 13
8-10:45 a.m.**



Sample items include:

- Clothing
- Electronics
- Household items
- Paper and plastic
- Household hazardous waste
- Paint (up to five, one gallon containers)

**ACC Community Park lower parking lot
Enter lot from Whitman Drive**

anthem
community council



In partnership with
Republic Services.

OnlineAtAnthem.com/events

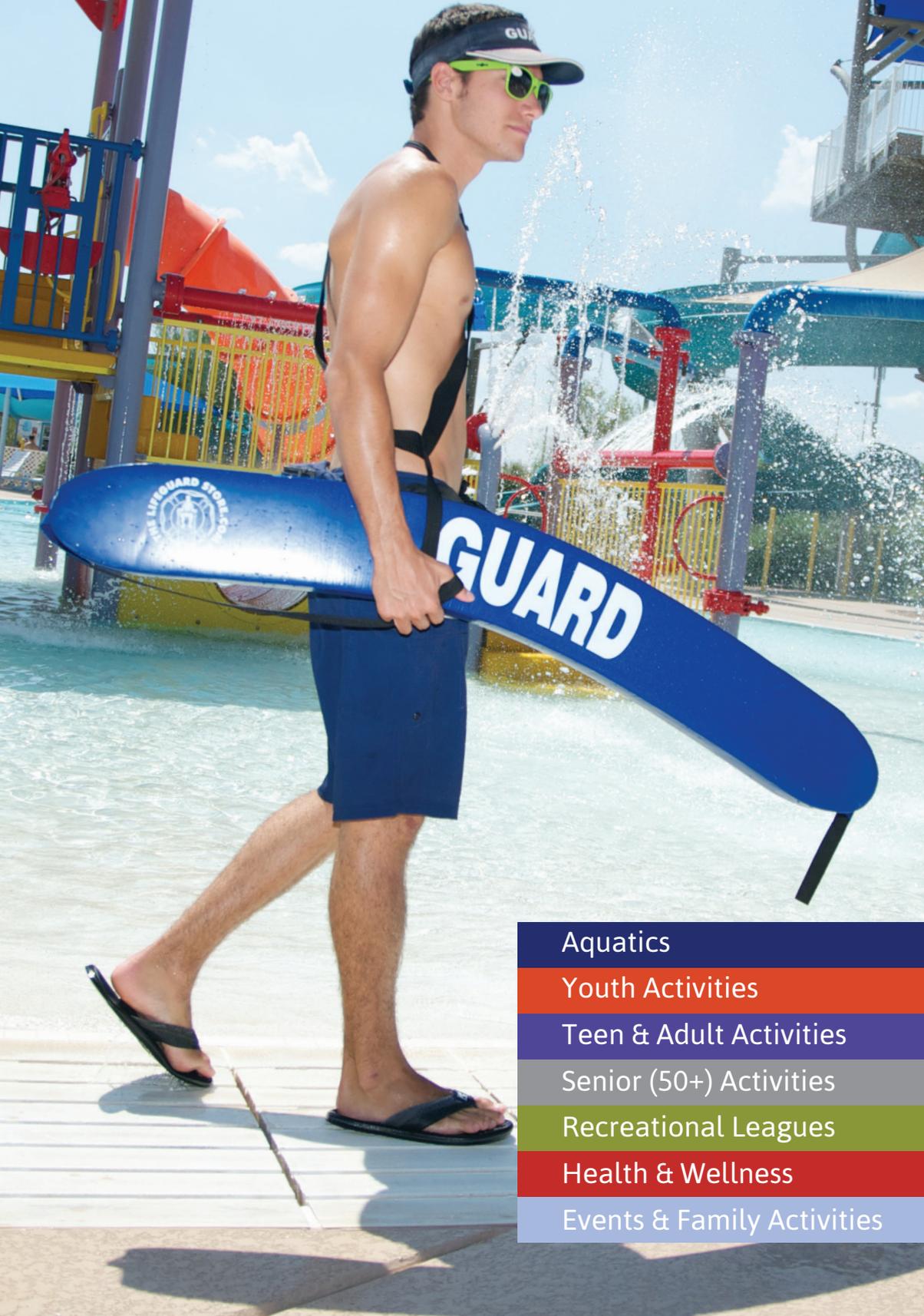
Residents must be in line by 10:45 a.m. to participate. Proof of residency is required. Go Green is a semi-annual event, held each spring and fall, sponsored by the ACC, Republic Services and other community partners.

anthem

March 2024

Activities

A publication of the Anthem Community Council



- Aquatics
- Youth Activities
- Teen & Adult Activities
- Senior (50+) Activities
- Recreational Leagues
- Health & Wellness
- Events & Family Activities



Community Center

41130 N. Freedom Way
Anthem, AZ 85086
623-879-3011

Programs Director

Scott Newell
623-879-3023

Business Support Manager

Jennifer Hamilton
623-879-3012

Sports Program Manager

Bobby St. Pierre
623-742-6021

Aquatics Supervisor

Liam Maurisak
623-879-3027

Children and Family Programs

Allison Kaikala
623-879-3014

Dolphins' Head Swim Coach

Paul Root
623-879-3015

Security Manager

Zach Rahn
623-879-3042



Civic Building

3701 W. Anthem Way
Anthem, AZ 85086
623-742-6000

Customer Service & Business Support Manager

Jodi Claver
623-742-6050

Memberships and Ramada Reservations

To activate a Community Center or dog park membership, make changes to an existing membership, or to reserve a cabana or ramada, call Membership Services at 623-879-3011.

Community Center Hours

Monday-Thursday: 5 a.m.-10 p.m.
Friday: 5 a.m.-8 p.m.
Saturday: 7 a.m.-8 p.m.
Sunday: 10 a.m.-7 p.m.

Lap Pool Hours

Pool hours vary based on seasonal programs. Schedules are posted online.
>> OnlineAtAnthem.com

Civic Building Hours

Monday: 8 a.m.-5 p.m.
Tuesday: 8 a.m.-7 p.m.
Wednesday: 8 a.m.-7 p.m.
Thursday: 8 a.m.-7 p.m.
NEW HOURS Friday: 8 a.m.-3 p.m.
Saturday: 9 a.m.-noon
Sunday: Closed

Late Fee

After the registration deadline, fees may increase.

Cancellation Policy

Minimum participation might be required to run programs. If the minimum is not met by the registration deadline, the program/sport is subject to cancellation.

Refund Policy

Should circumstances prevent your participation in a program you have registered for, please fill out a Refund/Credit Request Form immediately. Requests must be submitted within 48 hours of the start of the program to be eligible for a credit or refund. **Some programs are non-refundable.**

Program Updates

Information listed in the guide is current as of the print date. Occasionally, dates, days, and or times may change due to registration demands, instructors' independent contractors' schedules, and or facility availability. Check online for current details.

Registration is now open for all programs listed

All residents with an existing Community Center membership need to update your (and your family's) information if you have not done so recently. New membership photos will be taken and your key tags updated.

Instructions about how to create an online registration username and password are posted on OnlineAtAnthem.com. Once your membership is updated, register for both Community and Civic Building programs, book facilities/ramadas, and view your program registration history (see what classes you've registered for).

>> OnlineAtAnthem.com

Activities Guide Categories

The online registration software includes categories for activities and programs. Please note these categories and their color code (in the Activities Guide). When you register online, these same categories will appear to help guide you.

Why the rush?!

A reminder that when registering for anything through CivicRec, please be sure to wait a few extra seconds until you see your confirmation message. Refreshing the page or trying to register again can lead to double charges. Thank you!

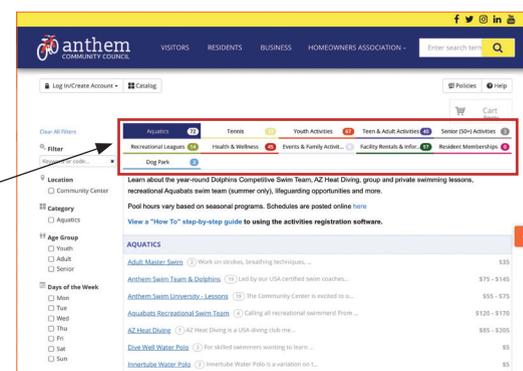
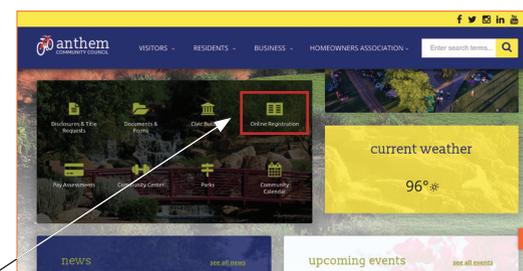
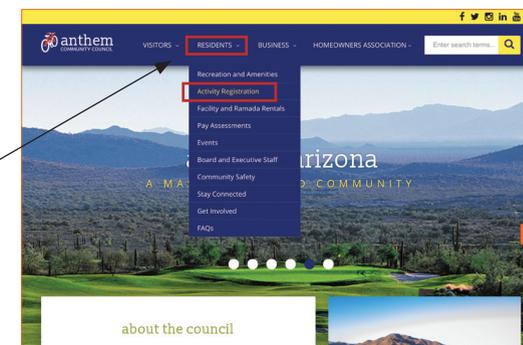
How to get to the Activity Registration page on the ACC website:

1. Go to OnlineAtAnthem.com
2. Click the **"RESIDENTS"** tab within the top menu.
3. Scroll down the menu and select **"Activity Registration."**
4. You will be taken to the online registration main page.

or

1. Go to OnlineAtAnthem.com
2. Scroll down to the middle of the page to the dark box below the "about the council" box.
3. Click the icon on the top far right labeled **"Online Registration."**

You can click on any of the tabs below the main menu to go to the section you'd like to see. Current dates and times will be listed for each class.



Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-aquatics.



Scan to go to registration page.

Dolphins Competitive Swim Team

Ages: 5 yrs.+



Bronze/Purple level:

Beginning swimmers 7 yrs. and under (must have passed a coach-led swim test).

Silver level: New and returning swimmers have moved up from Bronze or passed a swim test.

Gold level: Swimmers have successfully completed the Silver level or previously been on a swim team.

Senior/National level: Advanced swimmers looking to compete at the highest level in the state; optional morning workouts included.

*Includes optional extra workouts, including some Saturday mornings and "dry land" exercise and for summer may include long course practices. For more information contact Coach Paul Root, proot@anthemcouncil.com.

AZ Heat Diving

Ages: 6 yrs.+

AZ Heat Diving is a USA diving club member team. Club membership is required and must be current through USA Diving, and is separate from monthly fees. Contact Coach Jeff Kunselman at jckunselman@gmail.com with any questions.

Times may be adjusted based on number of divers.

Synergy Artistic Synchronized Swimming

Ages: 5-17 yrs.

Learn the basics of the sport including skulling, egg beaters, water fitness, and breath control, all while having fun.

Private Swim Lessons

Ages: All

All private lessons are with trained and certified instructors and coaches; times are set up with the instructors directly. Email Scott Newell at snewell@anthemcouncil.com for more information.

Spring Swim Lessons

Ages: 2 yrs. 6 m.-11 yrs. 6 m.

April-May 2024. All lessons will be taught by a Starguard Elite Lifeguard, they will be a 3:1 ratio. 3 weeks with 6 classes total

Starguard Elite Lifeguard Certification Course

Ages: 15 yrs. +

Participants should be prepared to swim at each class and bring water, a healthy snack, swimsuit (one-piece for females), goggles, towel, and dry change of clothes. Completion does not guarantee employment with the Community Center as a lifeguard. Sign up early; space is limited. See detailed class description; dates and times subject to change.

Lifeguard Skills Prep. Course

Ages: 15 yrs.+

The Anthem Community Center will be offering Lifeguard Skills Preparation Courses to all new Lifeguards interested in preparing for the physical fitness portion of their Starguard Elite Lifeguard Certification Course.

Jr. Lifeguard and Jr. Camp Counselor

Ages: 11-15 yrs.

This class is for first-time participants. Participants will learn skills necessary to be a lifeguard and/or childcare staff; must be comfortable in the water, around children and able to swim the full length of the pool. Bring a swimsuit (one-piece for females), change of clothes, towel, sunscreen, water bottle and sack lunch each day. You must pass a swim test the first day. Graduates will have the opportunity to volunteer alongside lifeguards and childcare staff during the summer.

Aquabats High School Developmental Spring Session

Ages: 14-18 yrs.

For ages 14 and over trying to get in shape or stay in shape for summer or high school season. Three available practices per week M/TU/W 3-5 p.m. OR Tuesday practice can be 5-6 p.m. working on Water Polo in the Dive Well.

Aquabats Preseason 1

Calling all recreational swimmers! From beginner to advance skill levels, the Anthem Aquabats Recreational Swim team offers superior instruction, coaching, and organized area swim meets. All NEW swimmers must be able to swim across the pool (25m) on their front and back. Mid March there will be an opportunity for the 8 and under swimmers to compete in the 8 and Under meet at Anthem. Ages 9 and over can wait for summer rec home meets or can look to the Dolphins meet schedule.



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APPLY TODAY

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-youth-activities.



Scan to go to registration page.

Parents' Night Out

Ages: 3-12 yrs.

Kids will play games, make crafts, climb the rock wall (tennis shoes required) and eat pizza. Bring a water bottle and sack dinner (if pizza isn't desired). Mar. 24 and Apr. 28.

Youth Tennis

All tennis classes instructed by certified teaching professionals. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094. You can also email cherylbarnett@cox.net. Visit with the instructor for details. Prorated rates are available for sessions that have already started; contact instructor.

Tiny Tots

Ages: 3-7 yrs.

Players learn motor skill development, including footwork and hand-eye coordination.

Future Stars

Ages: based on playing ability

Novice to advanced-beginner players learn the fundamentals of playing tennis, scoring and footwork, whereas experienced players focus on training and technique to advance to the next level.

Junior Champs

Ages: based on playing ability

Experienced players focus on training and technique to advance to the next level

Anthem Tots Sports

Ages: 3-6 yrs.

Hosted by the Community Center, Anthem Tots Sports will have six sessions. On Saturdays, the class will consist of 20-minute instructional drills followed by a game with two, 10-minute halves.

Soccer & Basketball

Ages: 3-4 yrs. & 5-6 yrs.

Volleyball Skills Clinic

Ages: 10-13 yrs.

This six-week clinic will provide you with advanced volleyball skills. Six sessions are led by experienced coaches.

Dance

Creative Combo

Ages: 3-5 yrs.

This exciting introduction to ballet, jazz, tap and tumbling is a fun and creative class will keep your young dancer engaged, while instilling a love for movement and dance! Drop-in rates of \$20 per session are available.

Creative Combo II

Ages: 4-6 yrs.

A continuation of our Creative Combo I Class instilling further terminology and movement sequences in jazz, ballet, tap, and tumbling. Great exercise for your young dancer.

Kinder Combo

Ages: 5-7 yrs.

Come join us for ballet, jazz, tap, and tumbling for a slightly older age group. This class is fun and creative, and will keep your dancer engaged, while instilling a love for movement and dance!

Junior Combo I/II

Ages: 7-13 yrs.

Jazz, tap, ballet, hip-hop, and tumbling make this dance class a thrill for all beginning and intermediate dancers! Dancers continue to build on their technique and terminology foundations while increasing stamina, flexibility and their love of dance!

Cheer 101/201

Ages: 6-12 yrs.

Is your child interested in cheerleading but you don't know where to start? This class is it! Learn basic cheer positions, tumbling, jumps, and terminology in this high-energy kids cheer class. Ms Dee (a former NBA & NFL professional cheerleader) wants to instill a love for movement and cheerleading in your child!

Basketball Skills Clinics & Sports Performance

Anthem Area Basketball - FUNDamentals

Ages: 7-17 yrs.

Youth will experience four major components of playing basketball. Each week will focus on a specific aspect of basketball which includes dribbling, shooting, passing, and basketball dynamics. Children will learn the fundamentals of basketball in a fun, interactive setting. Please bring an age-appropriate basketball and bottled water.

Anthem Area Basketball -Sports Performance Training

Ages: 7-15 yrs.

A program designed to enhance your athletic performance and complement your basketball skills training. This class is formatted like a P.E. class, making it engaging, fun, and beneficial for athletes of all levels. You will be guided through this program that focuses on speed form and agility footwork. These are key components in sports performance, especially in basketball, where quickness, responsiveness, and coordination play a significant role.

Anthem Area Basketball - Foundational

Ages: 14 yrs.+.

Experience basketball training designed to enhance fundamental and basketball-specific skill, by establishing building blocks for athletes. Children will receive instruction on skills, drills and conditioning in dribbling, passing, shooting, and basketball dynamics. Please bring an age-appropriate basketball and bottled water.

Caregiver and Me Music

Gold Stars

Ages: 4 yrs.-younger

Learn music skills, rhythm & beat, vocal & pitch development, fine motor skills, gross motor skills, classical music experience and more. Prorated options are available.

Sketching

Ages: 9-15 yrs.

Take your sketching skills to the next level! Every student comes in at a different skill level and every student gets the individual coaching he or she needs to grow as a sketch artist.

Tutors Grades K-12

Ages: Grades K-12

We understand that every child learns differently and sometimes one on one support/coaching can help a child understand the course content on a deeper level. Anthem Community Center is now providing an opportunity for your child to get the support he/she needs.

Ha'amana Polynesian Dance

Ages: 4 - 8 yrs.

Location: Community Center

Our goal, as Ha'amana, is to empower one another through Polynesian dance with our hour-long 'Ori Tahiti and Hula classes every week. Classes learn technique in the first half and then a performance dance in the last half. Our Polynesian dance classes are taught by DiAnne Nielsen. DiAnne was born and raised in Hawai'i and began dancing at a young age. Since then, DiAnne has continued to learn, dance, and teach classes. Her goal is to share her love of dance and appreciation for the Polynesian culture.

Little Medical School

Ages: 5-11 yrs.

Through hands-on activities, role-play, and interactive demonstrations, children explore the exciting world of healthcare with Little Veterinarian School and Little Doctor School. All programs are written by experienced educators, board-certified physicians and trained healthcare professionals. Our classes are led by trained Little Medical School® Instructors. Little Medical School believes a curriculum based on STEM (Science, Technology, Engineering and Math) will provide students with a strong foundation to pursue careers in medicine.

Brain Powers Chess

Ages: 5 - 14 yrs.

Location: Civic Building

Brain Powers teaches the game of Chess and other games rooted in concentration of thought and strategic principles. Offering classes and one-on-one instruction to help build memory, thinking speed, and accuracy, including learning from mistakes and turning them into positive life lessons.

Youth Day Camps

Ages: 5-12 yrs.

Activities include arts and crafts, sports, outdoor and gym games, rock wall climbing, and more! Participants should bring a non-perishable lunch and two snacks, and wear athletic shoes. A \$25 fee will be assessed after the register-by date.

Spring Break	3/11-3/15	7 a.m.-6 p.m.	M-F	\$185
Spring Day	3/29	7 a.m.-6 p.m.	F	\$60

Summer Day Camp

Ages: 5-12 yrs.

Bring your child to the most fun summer camp around! Pick a week or join all 11! Activities include arts & crafts, sports, outdoor & gym games, rock wall climbing, daily visits to the waterpark and more! Participants need to bring a non-perishable lunch and two snacks, a towel, sunscreen, swimsuit and wear athletic shoes (required for the rock wall).

ADVENTURE CLUB

Parents may drop off their children (6 mo.-12 yrs.) for a maximum of two hours per day, but must remain at the Community Center. Children are supervised by ACC staff members.

Cost: \$5 per child for the first hour and \$2 per child for the second hour. Unlimited and VIP monthly packages are available.

Monday-Friday: 8 a.m.-12:30 p.m.; 4-7:30 p.m.

Saturday: 8 a.m.-12:30 p.m.

teen & adult activities

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-teen-adult-activities.



Scan to go to registration page.

Child and Babysitting Safety

Ages: 11-15 yrs.

Learn babysitting and childcare skills like CPR and First Aid from a certified SGE instructor.

Everyday Card Making Class

Ages: 16 yrs.+

In this class Independent Stampin' Up! Demonstrator, Vicki Dell will guide you in making cards suitable for a variety of occasions. In this class you will be making cards for Halloween and Fall (projects will depend on product availability). All supplies are included. Class size is limited. Please register early to reserve your spot. **Min. 4; max 12.**

Tennis

Tuesday/Thursday Tennis "Drop-in" Doubles

Ages: 18 yrs.+

Drop-in format, come and play! **7 p.m. start.** Cost: **\$2/person/day.** Cost includes one can of balls per court; pay at Community Center front desk or register online before playing. Payment will not be accepted on the courts. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094.

Big Idea Forums

Ages: 18 yrs.+

Location: Civic Building

Big Ideas Forum hosts its next discussion/presentation event. Join us in learning, exploring, and understanding subjects that impact us all, be it cutting edge technology, socio-economic, or cultural trends and phenomena. Expect to be challenged. As always, this event is free.

Ha'amana Polynesian Dance

Ages: 9 yrs.+

Location: Community Center

Our goal, as Ha'amana, is to empower one another through Polynesian dance with our hour-long 'Ori Tahiti and Hula classes every week. Classes learn technique in the first half and then a performance dance in the last half. Our Polynesian dance classes are taught by DiAnne Nielsen. DiAnne was born and raised in Hawai'i and began dancing at a young age. Since then, DiAnne has continued to learn, dance, and teach classes. Her goal is to share her love of dance and appreciation for the Polynesian culture.

Pickleball

Middle School Club Pickleball Program

Ages: 10-13 yrs.

Join this league for middle school students in the surrounding area looking to work on their pickleball skills. Players will take part in a 8 week program practicing two days of the week and open play on Fridays with the final week being a tournament between the participating schools. Free t-shirt is included. All sessions are led by Pickleball Instructor Katie Poole.

County Line Dancing

Ages: 16 yrs.+

Location: Community Center

Bust out your boots and cowboy hat and join us for some line dancing fun! Come alone or bring a spouse or friend and let's cut a rug! Beginner is for 16 yrs+ and Intermediate is for 18 yrs+.

Painting with James M. Coulter

Ages: 13 yrs.+

James is not only a professional artist himself, he has been a teacher of art for many years. Join him in this painting series and unlock your inner artist!

senior (50+) activities

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-senior-activities.



Scan to go to registration page.

Mexican Train Game

Location: Civic Building

Mexican Train is a game played with number dominoes. The object of the game is for a player to play all the dominoes from his or her hand onto one or more chains, or "trains", emanating from a central hub or "station." Be the first player to lay down all of your dominoes; whatever tiles are left in your hand count against you, so play strategically and try to get rid of the high-numbered tiles. Four players per table; supplies provided. Bring a friend!

Ongoing	12-4 p.m..	F	Free
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Golden Go-Getters Game Days

Location: Civic Building

The Golden Go-Getters are a vibrant, organized group of Anthem residents over the age of 50 yrs. who meet to build friendships, play games and participate in events. There are no dues or meeting obligations.

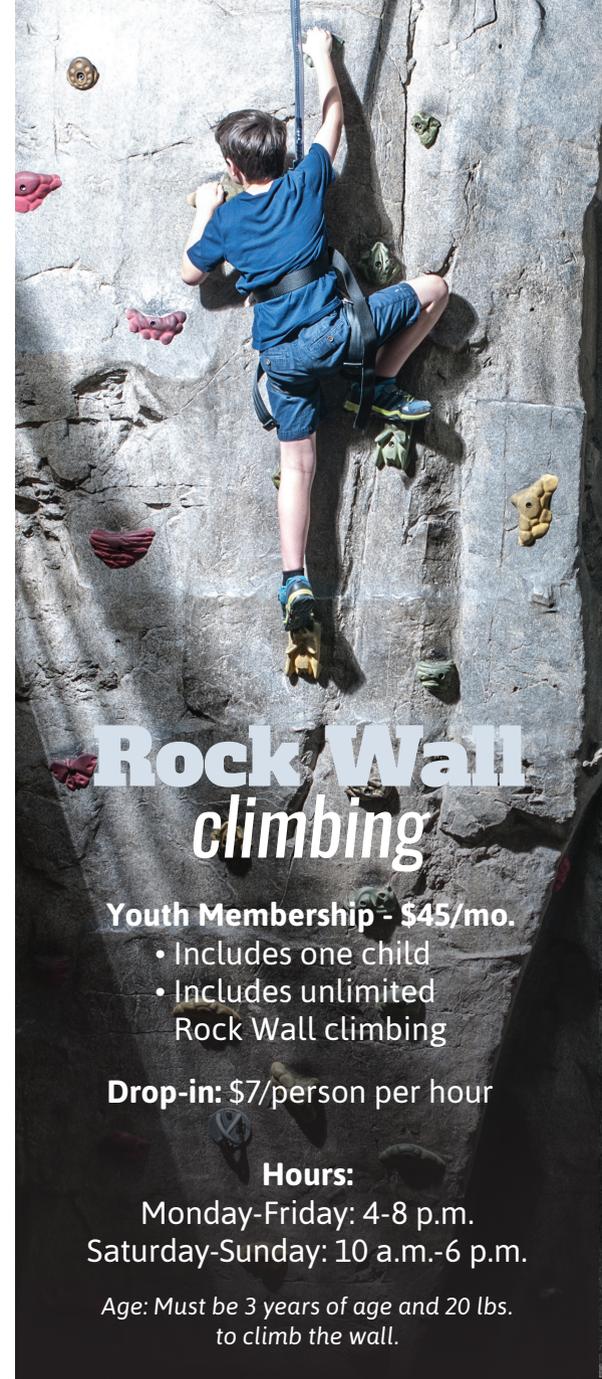
Ongoing	12-4 p.m.	M	Free
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Game Day with Friends

Location: Civic Building

Bring a friend and play games. Featured games will be Mahjong, Mexican Train, and card games. Supplies provided.

Ongoing	12-4 p.m.	W	Free
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Rock Wall climbing

Youth Membership - \$45/mo.

- Includes one child
- Includes unlimited Rock Wall climbing

Drop-in: \$7/person per hour

Hours:

Monday-Friday: 4-8 p.m.
Saturday-Sunday: 10 a.m.-6 p.m.

Age: Must be 3 years of age and 20 lbs. to climb the wall.

Fitness & Adventure Club Membership Options

- **VIP Fitness & Childcare Membership - \$69/month***
- **Adventure Club Membership - \$45/month***
- **Fitness Class Membership - \$55/month***
- **Fitness 12-Punch Pass - \$65**
- **Peleton Only Membership - \$35/month****
- **Fitness 24-Punch Pass - \$125**
- **Fitness Classes - Monthly - \$60**
- **Adventure Club - Monthly - \$50**

*Terms: Understanding that this resident only membership will be set up for recurring monthly billing, so a valid credit card is required. There is a minimum of three (3) months of participation. After that period, membership is month to month. Termination of this membership must be done in writing and submitted by the 20th day of the current month for payments to stop for the next monthly billing. Group Fitness and Adventure Club usage is governed by existing rules. Residents agree to carry a Membership Card to identify their participation. All other Community Center rules still apply.

**Peleton Classes under VIP Fitness Package, Fitness Class Membership. Not under Fitness 12-Punch Pass, Fitness Classes Monthly \$60 or any of the Adventure Club passes.

recreational leagues

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-rec-leagues.



Scan to go to registration page.

With questions about any of the programs offered in this section, please contact Bobby St. Pierre at bst.pierre@anthemcouncil.com.

Adult Leagues

Men's Softball League

Ages: 17 yrs.+

The ACC will be partnering with some of the local leagues to offer mens softball. Games will be played Saturday evenings out at the Softball fields. Teams will play a 14 game regular season schedule, with playoff at the end of the season. USSSA Softball rules will be utilized. Full 12 person teams are encouraged to sign up as well as free agents looking for teams.

Adult COED Softball League

Ages: 16 yrs.+

The ACC will be partnering with some of the local leagues to offer coed softball. Games will be played Saturday evenings out at the Softball fields. Teams will play a 14 game regular season schedule, with playoff at the end of the season. USSSA Softball rules will be utilized. Full 12 person teams are encouraged to sign up as well as free agents looking for teams.

Adult Men's Basketball League

Ages: 16 yrs.+

A twelve-game fun, recreational season is followed by a single-game elimination tournament.

Adult COED Sand Volleyball League

Ages: 16 yrs.+

We will be offering a recreational league and a competitive league. Games are played at the Community Park Sand Volleyball Courts. Games are 4v4, but teams can have up to 8 players per team.

Youth Leagues

Parents may request either a coach or fellow player for their child; however, requests might not be granted. Once teams are formed, coaches will contact players with practice details. Game schedules will be posted.

To volunteer as a coach, contact Bobby St. Pierre at bst.pierre@anthemcouncil.com.

Soccer

Ages: 3-14 yrs.

Basketball

Ages: 3-14 yrs.

Volleyball

Ages: 10-14 yrs.

Pickleball

Ages: 9-14 yrs.

health & wellness

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-health-wellness-activities.



Scan to go to registration page.

With questions about any of the programs offered in this section, please contact Kellen Popovich at kpopovich@anthemcouncil.com.

Parent-Teen Fitness Certification

Ages: 12-13 yrs. and adult

A certified trainer guides parents and teens through the regulations of the fitness floor, safe exercises and general fitness topics. Upon completion, teens will be able to work out alongside their parents at the Community Center.

Personal Training

Workout options with certified personal trainers are offered for all fitness levels. Fees apply. If you are interested in working as a personal trainer or with a personal trainer at the Community Center, please call the Community Center Front Desk at 623-879-3011.

Jujitsu & Swordfit

Kids & Adults Jujitsu for Life

Ages: 10 yrs.+

Shoshin Ryu Jujitsu is a complete system of martial arts derived from Japanese martial traditions. Shoshin Ryu is a well-rounded art that allows one to defend from grabs, chokes, holds, weapons, strikes, throws, and ground attacks. Training also focuses on character-building life skills like respect, discipline, focus, and confidence.

SwordFit

Ages: 12 yrs.+

Learn combative Samurai sword skills using safe, padded weapons. Students learn basic movement and handling skills, and then progress to advanced blocking/striking patterns. Students will also learn to fight solo, in pairs, and on battle teams in a safe, controlled environment. It's a serious workout that develops discipline, eye-hand coordination, distance and timing, and teamwork. Most of all, it's fun!

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Group Exercise Classes

Ages: Adult & Parent-Teen certified

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at bit.ly/ACC-health-wellness-activities.

With questions about any of the programs offered in this section, please contact Kellen Popovich at kpopovich@anthemcouncil.com.

ALL LEVELS YOGA: Classes cover yogic postures, alignment, yogic concepts, and how to grow the practice into everyday life.

BOXOLOGY: This is a high-intensity cardio boxing class involving punching and kicking. Gloves and shoes required.

CARDIO DANCE: Join our morning dance party and get your workout in while you're at it! No dance experience necessary.

C.B.S. (Core-Balance-Strength): Toughen up your core, improve your balance, and increase your overall strength! We welcome participants of all levels and abilities.

DEEP WATER: Get your full-body workout while enjoying fresh air, beautiful views, and friendly company!

HIIT: A form of interval training, this exercise strategy alternates short periods of intense anaerobic exercise with less-intense recovery periods.

HIP-HOP CARDIO/ TONING: High-impact dance fitness to the latest hip-hop/pop music and light weights.

KICKOLOGY/ KICKOLOGY STRONG: Cardio Kickboxing/Kickology is a combination of dance and martial arts that will zap calories and define your muscles.

SHALLOW WATER: Water exercises are not only gentle on the joints, but they also invigorate all muscles, as well as loosen up and relax sore ones.

STRENGTH & CONDITIONING: Challenge your body and avoid fitness plateaus by using a wide variety of equipment and performing many types of exercises.

TRX: This class is designed to improve your overall strength and conditioning. It is weight training (your own body weight with the help of the strap), along with some cardio. This class is challenging, but every exercise can be modified to meet your level.

ZUMBA: Zumba is an interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.



Dates and times are accurate (as of print date), but please be sure to check for the latest up-to-date program details online at bit.ly/ACC-events-family-activities.

Blood Drive

Ages: 16 yrs.+ (with signed parental consent)

Location: Civic Building

The need for blood is constant, and there is no substitute for volunteer blood donations. You must register in advance at redcrossblood.org and use sponsor code: **AnthemCivicCenter**.



Market in the Park

Ages: All

Location: Main Upper Park

Join us at the Market in the Park. Outdoor shopping in a beautiful location with lots of vendors and variety.

3/3	10 a.m.-2 p.m.	Su	Free
3/24	10 a.m.-2 p.m.	Su	Free

AARP Tax Services

Ages: All

Location: Civic Building

Need help with your taxes? This program is free for everyone 50+. Visit www.aztax-aide.org to make an appointment then CLICK on Locations then Maricopa County OR first come first serve appointments have priority.

2/7-4/10***	8:30 a.m.-2:30 p.m.	W	Free
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***Except on the 4th Wednesday which is 8:30 a.m. - 1 p.m.