

# the AnthemWay

July 2024

A publication of the Anthem Community Council



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Published six times annually, "The Anthem Way" is your guide to news and information about programs and services offered by the Anthem Community Council, as well as pertinent business and HOA-related information. All contents are copyrighted 2022. For additional community information: [OnlineAtAnthem.com](http://OnlineAtAnthem.com).



## Call for Nominations: Anthem Veterans Service Award 2024

Each year, Anthem Community Council (ACC) selects one outstanding individual or group to recognize their extraordinary service and selfless dedication in support of our nation's veterans. The presentation of the award is part of the prestigious Veterans Day ceremony held at the Anthem Veterans Memorial.

The nomination form is available [AnthemCouncil.com](http://AnthemCouncil.com) in the Document Center. Instructions for completing and submitting the nomination are on the form. The award recipient must attend the Anthem Veterans Day Ceremony for the formal award presentation. Deadline for nominations is Friday October 4, 2024.

## Autumnfest 2023

Anthem's annual Autumnfest Arts and Crafts Fair is coming October 26-27 at the Anthem Community Park. This family fun event is a festival-goers favorite!

This fall festival includes a food court with live music each day, rotary beer garden, train rides (fees apply), kid's zone inflatables, and a carnival (October 24-27, in the lower park)! There will also be a pumpkin patch.

Any person or business with handmade fine arts, crafts, culinary items, or other handmade goods is welcome to submit their applications to sell craft items. The form and sponsorship information is available at [onlineatanthem.com](http://onlineatanthem.com). Direct questions regarding applications and Autumnfest to ACC Special Events Coordinator Isabel Juarez, 623-742-6050.



Laura Hartman

## Board Welcomes Laura Hartman

The ACC's newest board member, Laura, moved to the Anthem area after many trips to AZ to visit with her son, grandsons, sister and mom. After spending some time in Anthem, she and her husband George decided this was where they wanted to retire. While he is still in CA finishing up a contracting job, Laura made the move sooner and relocated to The Village. Learning of the board vacancy, and enjoying the amenities and community feel of Anthem, she took the opportunity to join the board. She is currently winding down a 20-year career at Kleinfelder. She and George have two children and four grandchildren.



Autumnfest 2022

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THE ANTHEM COMMUNITY COUNCIL PRESENTS  
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 INDEPENDENCE DAY**

*Celebration*



**FABULOUS FIREWORKS • 9 P.M.**

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**INDEPENDENCE DAY  
 CELEBRATION:**

*What you need to know*

**P**utting the equivalent of a small town into a 63-acre park is tricky, but Anthem special events planners have it down to a science. On July 3, more than 15,000 people are expected to head to Community Park for the 24<sup>th</sup> annual Independence Day Celebration that includes rides, food, dancing, fireworks and more. The following information will help you make the most of the day—and stay safe in the process.

- Foot bridge between Community Center and Community Park closes at 2 p.m.

**Traffic Control**

- Community Park middle and lower parking lots will be closed all day, only allowing access to vendors and authorized personnel. It will reopen at 5 p.m. to the general public.

**Timeline**

- **5 p.m.** The park opens for residents and guests. Ticket booths also open to purchase all-you-can-ride inflatable wristbands to avoid the long lines.
- **5:30 p.m.** Food court, Rotary beer garden, DJ/dancing, and water rides and slides open.
- **9 p.m.** Fireworks begin.
- **9:30 p.m.** Event concludes.

**Closures**

- SK8 & Ride closes at 2 p.m. and re-opens for fireworks viewing for special needs guests starting at 5:30 p.m.
- Areas surrounding the Community Center, including Soccer Fields #3 and #4, are secured for the fireworks fallout zone. No access.
- The Community Center, including the Lap Pool, Diving Well and Big Splash Water Park, closes at 2 p.m. and all cars must be removed from parking lot by 3 p.m. (fallout zone for fireworks).
- Pickleball Courts will close at 2 p.m. (fallout zone for fireworks)



- The Traffic Control Plan affects many of the community's major roadways and side streets resulting in road restrictions, lane reductions and closures. The plan begins as early as 2 p.m.
- Freedom Way from Anthem Way to Whitman Drive will be closed as early as 2 p.m.
- Anthem Way and Gavilan Peak Parkway have road restrictions, lane reductions and left or right turn lanes blocked off. Bike lanes are closed with street parking permitted where designated.
- Memorial Drive, Independence Way, Venture Court and several other nearby streets have restrictions.
- The first gated entry to the Country Club community will be closed for a brief time when the fireworks conclude.

*Fireworks launch is contingent upon final permit issuance from the Daisy Mountain Fire & Medical Department. Full traffic control plan & event details will be updated on our website.*

**THE INSIDE SCOOP**

- Personal chairs, blankets, pop-up tents, coolers and other seating are prohibited in the Food Court (Softball Field #4); covered seating is provided in this area. These items ARE allowed in other areas of the park, however.
- Personal fireworks are prohibited in the park.
- It's best to park off-site and walk to the event due to heavy traffic. Overflow parking will be available in the Boulder Creek High School parking lot.
- It's best not to bring pets, as the crowds and fireworks easily frighten them.
- No personal grills allowed. Use only what is provided in the park.
- All concessionaires must have pre-approval from the event directors to vend on ACC park property; permits are issued to approved vendors 30 days prior. All others are in violation of Community Park rules.

## Saguaros and Extreme Heat

Contributed by William Redford, DLC Resources Field Manager



One of the most iconic symbols of the Sonoran desert, stately saguaros are both essential to the local ecosystem and a beautiful element of Anthem Council. As invincible as they may seem, extreme heat, like we had last summer, can harm and even kill saguaros. Here are a few facts about saguaro health and tips on caring for the majestic cacti from your landscape provider, DLC Resources.

### July 2023: Extreme Heat

According to the National Weather Service in Phoenix, last July shattered numerous heat records, such as:

- All Time Hottest Month with an average temperature of 102.7° F. Previous record was 99.1° F, set in August 2020.
- The Hottest Low Temperature at 97° F. The month had 19 nights that were 90° F or more.
- Most Days in a Month at 115° F or Higher, a total of 17 days. Previous record was nine days for a month in 2020.

Even though Phoenix has always had sweltering summers, those hot nights and the extended duration harmed our saguaros. Cacti have stomata that they open at night to breathe in carbon dioxide, initiating photosynthesis. However, they lose valuable water during this process, and if it is too hot, cacti can't absorb as much CO2 as they need. According to Kim McCue with the Desert Botanical Garden, hot nights mean saguaros somewhat suffocate.



Saguaros are an important and impressive component of the Sonoran Desert

## What You May See

Even now, saguaros are suffering from the effects of last summer. As temperatures heat up once again, it's vital to continue monitoring them carefully. Due to a saguaro's large size, such symptoms might not show up for months after the heat ends. Signs a saguaro is not healthy may include leaning or yellowing, and it may be soft or squishy to the touch. Additionally, challenges like heat can also make saguaros vulnerable to pests or bacteria. Oozing or foul-smelling spots may indicate a bacterial necrosis infection.

## How to Help Saguaros

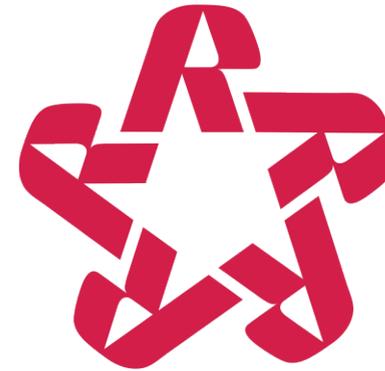
There are ways to stay on top of extreme heat issues affecting your saguaros, including:

- Inspect your saguaro regularly for the symptoms mentioned above.
- During extreme heat, you can dig a small "river" approximately 3-4 ft. around your cactus and fill it with water. It should make a ring of water, not like a moat that goes all the way to the cactus base (that can cause rot). Alternatively, let a hose slowly drip water on the ground 3-4 ft. away from your saguaro. The key is to let water seep slowly into the ground—never allow water to sit at the base of your cactus but only do this occasionally during extreme heat.
- Research advice from experts on Arizona desert landscapes, including The Desert Botanical Garden, Boyce Thompson Arboretum and The Arizona-Sonoran Desert Museum in Tucson. They share tips regularly on cactus health through their websites, blogs or social media.
- If you lose a saguaro, consider installing a different type of plant. Extreme heat seems to be on the rise, and DLC recommends choosing another tree, shrub or cactus that may be able to survive long-term better in our new desert environment.

Unfortunately, extreme heat may be a new unpleasant fact for us Valley residents. Scientists are still studying the effects of recent temperatures on desert plants and cacti, and there is much to learn. DLC is working to stay abreast of new information to help our Communities as much as possible. Best of luck to you and your saguaro as we navigate these new challenges together.

>> [DLC Resources.com/learning-center](https://www.dlcresources.com/learning-center)

Sources: 12news.com; National Weather Service, Desert Botanical Garden, Arizona-Sonoran Desert Museum, pbs.org, Arizona Cooperative Extension/University of Arizona



# REPUBLIC SERVICES

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### Business Solutions

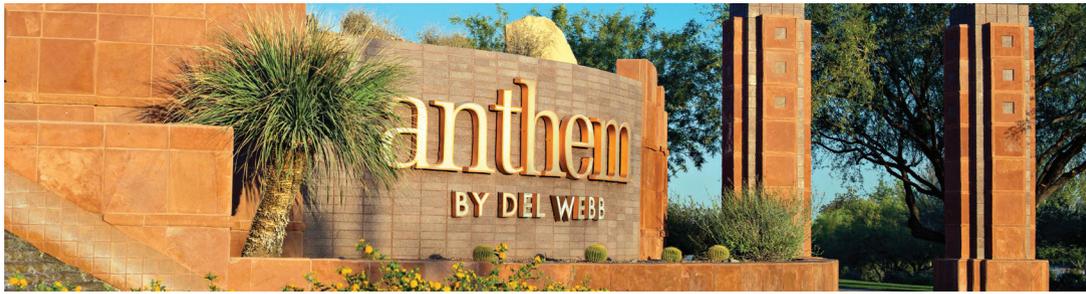
Let us help you manage your recycling and waste, so you can focus on your customers and your business.



### Home Solutions

Find residential trash and recycling services in your area.

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[www.republicservices.com](https://www.republicservices.com)  
 to learn more and get started



Mary Beth Zahn, APCA Community Manager  
 mzahn@associatedasset.com, 623-742-6004  
 OnlineAtAnthem.com/Parkside

**Summer reminders that keep Parkside beautiful**

Now that the summer season is here, let's not take a vacation from continuing to make Parkside a beautiful and well-maintained community. Please be sure to bring in your trash cans and make sure all vehicles are parked in your garage or driveway and not on the street or on landscaping. Residents are also reminded that garage sale signs are not allowed to be posted on signposts, parked cars, street corners, common areas or in the medians throughout the community. Thank you for doing your part in keeping Parkside clean and beautiful!

**Parking and storage of boats & RV's**

Here's what you need to know about short-term parking and storage of boats and RV's in Parkside. Temporary parking is allowed for the purposes of cleaning, loading, unloading, and short-term parking, which can occur in the Parkside community for 72 hours per calendar month. Parkside owners must obtain a permit from the APCA office.

Permanent or long-term boat or RV parking in the driveway, street or behind the RV gate is prohibited. The purpose of this is to ensure the attractiveness and quality of the residential neighborhoods is maintained.

**Prepare for monsoon season**

Monsoon season has started, but the storms peak between mid-July and mid-August. Destructive monsoon storms damage trees in several ways, including breaking limbs, cracking branches, and even uprooting trees in water-saturated soil. Be prepared for monsoon season by maintaining your trees to prevent this from happening in your ya



Pamela.Charlet, Community Manager  
 Pamela.Charlet@brownmanagement.com  
 480-539-1396, OnlineAtAnthem.com/Village

**Upcoming Board meetings**

Board meetings are held quarterly and will be posted in advance on the community calendar. Meetings are held at 6 p.m. at the Anthem Civic Building. Meetings are open to all residents; attendance at all sessions is encouraged.



ACCCA Contact Information  
 staff@accchoa.com, 623-742-6030  
 OnlineAtAnthem.com/ACCCA

**Connect with your community on social media**

Please follow the ACCCA on Facebook, Twitter and Instagram to get important and timely updates on news that impacts our community.



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**JULY**

**3<sup>rd</sup> | INDEPENDENCE DAY CELEBRATION**

5:30-9:30 p.m.  
Community Park  
See pg. 6-7.

**16<sup>th</sup> | ACCCA FINANCE COMMITTEE MEETING**

3 p.m.  
Civic Building

**23<sup>rd</sup> | ACC FINANCE COMMITTEE MEETING**

3 p.m.  
Civic Building

**24<sup>th</sup> | ACC Board MEETING**

6:30 p.m.  
Civic Building

**AUGUST**

**1<sup>st</sup> | ACCCA BOARD MEETING**

6:30 p.m.  
Civic Building

**15<sup>th</sup> | PARKSIDE BOARD MEETING**

6 p.m.  
Civic Building

**20<sup>th</sup> | ACCCA FINANCE COMMITTEE MEETING**

3 p.m.  
Civic Building

**28<sup>th</sup> | ACC BOARD MEETING**

6:30 p.m.  
Civic Building

**Holiday hours:** The Community Center is open Wednesday, July 3 from 5 a.m.-2 p.m. The water park is open 10 a.m.-2 p.m. The parking lot will close at 3 p.m. for fireworks set-up. The Community Center is open Independence Day, July 4 from 7 a.m.-7 p.m. The water park is open 10:30 a.m.-6:30 p.m. The Civic Building will close at 3 p.m. on July 3 and closed Thursday, July 4 in observance of the holiday.

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### Community Center

41130 N. Freedom Way  
Anthem, AZ 85086  
623-879-3011

### Programs Director

Scott Newell  
623-879-3023

### Business Support Manager

Jennifer Hamilton  
623-879-3012

### Sports and Fitness Manager

Bobby St. Pierre  
623-742-6021

### Aquatics Supervisor

Liam Maurisak  
623-879-3027

### Children and Family Programs

Allison Kaikala  
623-879-3014

### Dolphins' Head Swim Coach

Paul Root  
623-879-3015

### Security Manager

Zach Rahn  
623-879-3042



### Civic Building

3701 W. Anthem Way  
Anthem, AZ 85086  
623-742-6000

### Customer Service & Business Support Manager

Omar Pequeno  
623-742-6020

## Memberships and Ramada Reservations

To activate a Community Center or dog park membership, make changes to an existing membership, or to reserve a cabana or ramada, call Membership Services at 623-879-3011.

## Community Center Hours

Monday-Thursday: 5 a.m.-10 p.m.  
Friday: 5 a.m.-8 p.m.  
Saturday: 7 a.m.-8 p.m.  
Sunday: 10 a.m.-7 p.m.

## Lap Pool Hours

Pool hours vary based on seasonal programs. Schedules are posted online.  
>> [OnlineAtAnthem.com](http://OnlineAtAnthem.com)

## Civic Building Hours

Monday: 8 a.m.-5 p.m.  
Tuesday: 8 a.m.-7 p.m.  
Wednesday: 8 a.m.-7 p.m.  
Thursday: 8 a.m.-7 p.m.  
Friday: 8 a.m.-3 p.m.  
Saturday: 9 a.m.-noon  
Sunday: Closed

## Late Fee

After the registration deadline, fees may increase.

## Cancellation Policy

Minimum participation might be required to run programs. If the minimum is not met by the registration deadline, the program/sport is subject to cancellation.

## Refund Policy

Should circumstances prevent your participation in a program you have registered for, please fill out a Refund/Credit Request Form immediately. Requests must be submitted within 48 hours of the start of the program to be eligible for a credit or refund. **Some programs are non-refundable.**

## Program Updates

Information listed in the guide is current as of the print date. Occasionally, dates, days, and or times may change due to registration demands, instructors' independent contractors' schedules, and or facility availability. Check online for current details.

## Registration is now open for all programs listed

All residents with an existing Community Center membership need to update your (and your family's) information if you have not done so recently. New membership photos will be taken and your key tags updated.

Instructions about how to create an online registration username and password are posted on [OnlineAtAnthem.com](http://OnlineAtAnthem.com). Once your membership is updated, register for both Community and Civic Building programs, book facilities/ramadas, and view your program registration history (see what classes you've registered for).

>> [OnlineAtAnthem.com](http://OnlineAtAnthem.com)

## Activities Guide Categories

The online registration software includes categories for activities and programs. Please note these categories and their color code (in the Activities Guide). When you register online, these same categories will appear to help guide you.

## Why the rush?!

A reminder that when registering for anything through CivicRec, please be sure to wait a few extra seconds until you see your confirmation message. Refreshing the page or trying to register again can lead to double charges. Thank you!

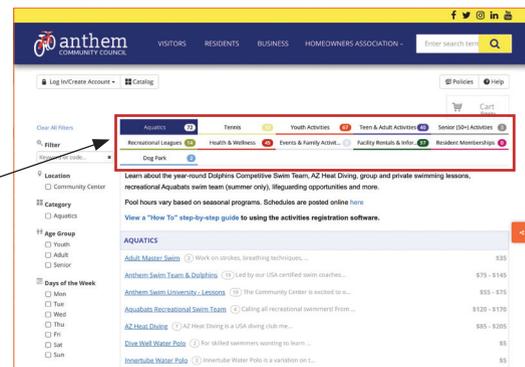
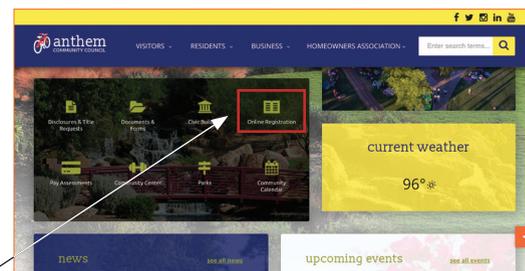
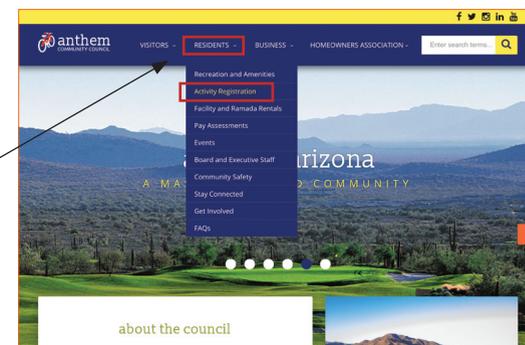
## How to get to the Activity Registration page on the ACC website:

1. Go to [OnlineAtAnthem.com](http://OnlineAtAnthem.com)
2. Click the **"RESIDENTS"** tab within the top menu.
3. Scroll down the menu and select **"Activity Registration."**
4. You will be taken to the online registration main page.

or

1. Go to [OnlineAtAnthem.com](http://OnlineAtAnthem.com)
2. Scroll down to the middle of the page to the dark box below the "about the council" box.
3. Click the icon on the top far right labeled **"Online Registration."**

You can click on any of the tabs below the main menu to go to the section you'd like to see. Current dates and times will be listed for each class.



Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-aquatics](http://bit.ly/ACC-aquatics).



Scan to go to registration page.

## Dolphins Competitive Swim Team

Ages: 5 yrs.+



### Bronze/Purple level:

Beginning swimmers 7 yrs. and under (must have passed a coach-led swim test).

**Silver level:** New and returning swimmers have moved up from Bronze or passed a swim test.

**Gold level:** Swimmers have successfully completed the Silver level or previously been on a swim team.

**Senior/National level:** Advanced swimmers looking to compete at the highest level in the state; optional morning workouts included.

\*Includes optional extra workouts, including some Saturday mornings and "dry land" exercise and for summer may include long course practices. For more information contact Coach Paul Root, [proot@anthemcouncil.com](mailto:proot@anthemcouncil.com).

## AZ Heat Diving

Ages: 6 yrs.+

AZ Heat Diving is a USA diving club member team. Club membership is required and must be current through USA Diving, and is separate from monthly fees. Contact Coach Jeff Kunselman at [jckunselman@gmail.com](mailto:jckunselman@gmail.com) with any questions.

**Times may be adjusted based on number of divers.**

## Private Swim Lessons

Ages: All

All private lessons are with trained and certified instructors and coaches; times are set up with the instructors directly. Email Scott Newell at [snewell@anthemcouncil.com](mailto:snewell@anthemcouncil.com) for more information.

## Summer Swim Lessons

Ages: 2 yrs. 6 m. - 11 yrs. 6 m.

All lessons will be taught by a Starguard Elite Lifeguard, they will be a 3:1 ratio.

# Aquatics Park & Splash Pads

**Dive Well:** The Dive Well is now open, with Saturday lifeguards on duty through May 11, noon-5 p.m. Daily hours will begin May 25.

## Summer Water Park Hours (starting May 25-August 4)

- Mon-Sat, 10 a.m.-7:00 p.m.

(Thur, 9-10 a.m. is designated for special needs children only.)

- Sun, 10 a.m.-6:00 p.m.

Last day of summer Water Park hours is August 4; weekend Water Park hours will continue through Sept 2 (Labor Day).

**Splash Pads:** The Adventure Playground Splash Pad and Liberty Bell Splash Pad are open; hours are 10 a.m.-sunset.



Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-youth-activities](http://bit.ly/ACC-youth-activities).



Scan to go to registration page.

## Parents' Night Out

Ages: 3-12 yrs.

Kids will play games, make crafts, climb the rock wall (tennis shoes required) and eat pizza. Bring a water bottle and sack dinner (if pizza isn't desired). July 19

## Youth Tennis

All tennis classes instructed by certified teaching professionals. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094. You can also email [cherylbarnett@cox.net](mailto:cherylbarnett@cox.net). Visit with the instructor for details. Prorated rates are available for sessions that have already started; contact instructor.

## Tiny Tots

Ages: 3-7 yrs.

Players learn motor skill development, including footwork and hand-eye coordination.

## Future Stars

Ages: based on playing ability

Novice to advanced-beginner players learn the fundamentals of playing tennis, scoring and footwork, whereas experienced players focus on training and technique to advance to the next level.

## Junior Champs

Ages: based on playing ability

Experienced players focus on training and technique to advance to the next level

## Volleyball Skills Clinic

Ages: 10-13 yrs.

This six-week clinic will provide you with advanced volleyball skills. Six sessions are led by experienced coaches.

## Anthem Tots Sports

Ages: 3-6 yrs.

Hosted by the Community Center, Anthem Tots Sports will have six sessions. On Saturdays, the class will consist of 20-minute instructional drills followed by a game with two, 10-minute halves.

## Soccer & Basketball

Ages: 3-4 yrs. & 5-6 yrs.

## Dance

### Creative Combo

Ages: 3-5 yrs.

This exciting introduction to ballet, jazz, tap and tumbling is a fun and creative class will keep your young dancer engaged, while instilling a love for movement and dance! Drop-in rates of \$20 per session are available.

### Creative Combo II

Ages: 4-6 yrs.

A continuation of our Creative Combo I Class instilling further terminology and movement sequences in jazz, ballet, tap, and tumbling. Great exercise for your young dancer.

### Kinder Combo

Ages: 5-7 yrs.

Come join us for ballet, jazz, tap, and tumbling for a slightly older age group. This class is fun and creative, and will keep your dancer engaged, while instilling a love for movement and dance!

### Junior Combo I/II

Ages: 7-13 yrs.

Jazz, tap, ballet, hip-hop, and tumbling make this dance class a thrill for all beginning and intermediate dancers! Dancers continue to build on their technique and terminology foundations while increasing stamina, flexibility and their love of dance!

### Cheer 101/201

Ages: 6-12 yrs.

Is your child interested in cheerleading but you don't know where to start? This class is it! Learn basic cheer positions, tumbling, jumps, and terminology in this high-energy kids cheer class. Ms Dee (a former NBA & NFL professional cheerleader) wants to instill a love for movement and cheerleading in your child!

## Brain Powers Chess

Ages: K-12

**Location: Civic Building**

Brain Powers teaches the game of Chess and other games rooted in concentration of thought and strategic principles. Offering classes and one-on-one instruction to help build memory, thinking speed, and accuracy, including learning from mistakes and turning them into positive life lessons.

## Tutors Grades K-12

Ages: Grades K-12

We understand that every child learns differently and sometimes one on one support/coaching can help a child understand the course content on a deeper level. Anthem Community Center is now providing an opportunity for your child to get the support he/she needs.

## Basketball Skills Clinics & Sports Performance

### Anthem Area Basketball - FUNdamentals

Ages: 7-17 yrs.

Youth will experience four major components of playing basketball. Each week will focus on a specific aspect of basketball which includes dribbling, shooting, passing, and basketball dynamics. Children will learn the fundamentals of basketball in a fun, interactive setting. Please bring an age-appropriate basketball and bottled water.

### Anthem Area Basketball -Sports Performance Training

Ages: 7-15 yrs.

A program designed to enhance your athletic performance and complement your basketball skills training. This class is formatted like a P.E. class, making it engaging, fun, and beneficial for athletes of all levels. You will be guided through this program that focuses on speed form and agility footwork. These are key components in sports performance, especially in basketball, where quickness, responsiveness, and coordination play a significant role.

### Anthem Area Basketball - Foundational

Ages: 14 yrs.+.

Experience basketball training designed to enhance fundamental and basketball-specific skill, by establishing building blocks for athletes. Children will receive instruction on skills, drills and conditioning in dribbling, passing, shooting, and basketball dynamics. Please bring an age-appropriate basketball and bottled water.

## Summer Day Camp

Ages: 5-12 yrs.

Bring your child to the most fun summer camp around! Pick a week or join all 11! Activities include arts & crafts, sports, outdoor & gym games, rock wall climbing, daily visits to the waterpark and more! Participants need to bring a non-perishable lunch and two snacks, a towel, sunscreen, swimsuit and wear athletic shoes (required for the rock wall).

## Sketching

Ages: 9-15 yrs.

Take your sketching skills to the next level! Every student comes in at a different skill level and every student gets the individual coaching he or she needs to grow as a sketch artist.

## Caregiver and Me Music

### Brown Teddy Bears

Ages: 5 yrs.-younger

Learn music skills, rhythm & beat, vocal & pitch development, fine motor skills, gross motor skills, classical music experience and more. Prorated options are available.

## teen & adult activities

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-teen-adult-activities](http://bit.ly/ACC-teen-adult-activities).



Scan to go to registration page.

## Child and Babysitting Safety

Ages: 11-15 yrs.

Learn babysitting and childcare skills like CPR and First Aid from a certified SGE instructor.

## Pickleball

### Middle School Club Pickleball Program

Ages: 10-13 yrs.

Join this league for middle school students in the surrounding area looking to work on their pickleball skills. Players will take part in a 8 week program practicing two days of the week and open play on Fridays with the final week being a tournament between the participating schools. Free t-shirt is included. All sessions are led by Pickle ball Instructor Katie Poole.

### Pickleball Private Lessons (Adult/Youth)

Ages: 12+ yrs.

Private Lessons with Certified Coach Paul Roberts is currently accepting all Adult or Children Students who want to improve their game. Each lesson is specifically tailored to you or your group to ensure we focus on the skills that will take you to the next level. Whether you are a true beginner, someone who wants to get into tournament play, or looking to get to an advanced level, He can work with you to meet your goals. Paul has a proven track record of training both adults and children to improve their skill set quickly and efficiently. I am open to coach 1 on 1, 2 on 1, and 3 on 1. Paul will also coach entire families or large groups in an event type format if desired. Available most weekday nights in Anthem for coaching and can be available other times with advance notice.

## Teen Summer Series-NEW!

Ages: 11-14 yrs.

This program includes physical activities such as aquatic and non-aquatic sports like flag football and volleyball as well as a character series which will focus on team building and developing leadership skills. Everyday will be nothing but fun for your teen!

### Teen Night

Ages: 11-16 yrs.

Bring your friends and join us for a fun night after hours! Please make sure to bring a towel and change of clothes if you are going to want to change out of your swim suits. July 27, 8-10 p.m. \$4 per person.

## Big Idea Forums

Ages: 18 yrs.+

**Location: Civic Building**

Big Ideas Forum hosts its next discussion/presentation event. Join us in learning, exploring, and understanding subjects that impact us all, be it cutting edge technology, socio-economic, or cultural trends and phenomena. Expect to be challenged. As always, this event is free.

## Tennis

### Tuesday/Wednesday/Thursday/Sunday Tennis "Drop-in" Doubles

Ages: 18 yrs.+

Drop-in format, come and play! **7 p.m. start.** Cost: **\$2/person/day.** Cost includes one can of balls per court; pay at Community Center front desk or register online before playing. Payment will not be accepted on the courts. For more information, contact Cheryl Barnett, USPTA-P1, USPTR-Professional, 602-549-2017; or contact Josiah Barnett, USPTR-Professional, 623-363-7094.

# ADVENTURE CLUB

Parents may drop off their children (6 mo.-9 yrs.) for a maximum of two hours per day, but must remain at the Community Center. Children are supervised by ACC staff members.

**Cost:** \$5 per child for the first hour and \$7 per child for two hours. Unlimited and VIP monthly packages are available.

**Monday-Friday: 8 a.m.-12:30 p.m.; 4-7:30 p.m.**

**Saturday: 8 a.m.-12:30 p.m.**



## Rock Wall climbing

**Youth Membership - \$45/mo.**

- Includes one child
- Includes unlimited Rock Wall climbing

**Drop-in: \$7/person per hour**

**Hours:**  
Monday-Friday: 4-8 p.m.  
Saturday-Sunday: 10 a.m.-6 p.m.

*Age: Must be 3 years of age and 20 lbs. to climb the wall.*

## senior (50+) activities

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-senior-activities](https://bit.ly/ACC-senior-activities).



### Mexican Train Game

**Location: Civic Building**

Mexican Train is a game played with number dominoes. The object of the game is for a player to play all the dominoes from his or her hand onto one or more chains, or "trains", emanating from a central hub or "station." Be the first player to lay down all of your dominoes; whatever tiles are left in your hand count against you, so play strategically and try to get rid of the high-numbered tiles. Four players per table; supplies provided. Bring a friend!

Ongoing	12-4 p.m.	F	Free
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### Golden Go-Getters Game Days

**Location: Civic Building**

The Golden Go-Getters are a vibrant, organized group of Anthem residents over the age of 50 yrs. who meet to build friendships, play games and participate in events. There are no dues or meeting obligations.

Ongoing	12-4 p.m.	M	Free
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### Game Day with Friends

**Location: Civic Building**

Bring a friend and play games. Featured games will be Mahjong, Mexican Train, and card games. Supplies provided.

Ongoing	12-4 p.m.	W	Free
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## recreational leagues

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-rec-leagues](https://bit.ly/ACC-rec-leagues).



With questions about any of the programs offered in this section, please contact Bobby St. Pierre at [bst.pierre@anthemcouncil.com](mailto:bst.pierre@anthemcouncil.com).

### Adult Leagues

#### Men's Softball League

**Ages: 17 yrs.+**

The ACC will be partnering with some of the local leagues to offer mens softball. Games will be played Saturday evenings out at the Softball fields. Teams will play a 14 game regular season schedule, with playoff at the end of the season. USSSA Softball rules will be utilized. Full 12 person teams are encouraged to sign up as well as free agents looking for teams.

#### Adult COED Softball League

**Ages: 16 yrs.+**

The ACC will be partnering with some of the local leagues to offer coed softball. Games will be played Saturday evenings out at the Softball fields. Teams will play a 14 game regular season schedule, with playoff at the end of the season. USSSA Softball rules will be utilized. Full 12 person teams are encouraged to sign up as well as free agents looking for teams.

#### Adult Men's Basketball League

**Ages: 16 yrs.+**

A twelve-game fun, recreational season is followed by a single-game elimination tournament.

### Youth Leagues

Parents may request *either* a coach or fellow player for their child; however, requests might not be granted. Once teams are formed, coaches will contact players with practice details. Game schedules will be posted.

To volunteer as a coach, contact Bobby St. Pierre at [bst.pierre@anthemcouncil.com](mailto:bst.pierre@anthemcouncil.com).

#### Soccer

**Ages: 3-14 yrs.**

#### Volleyball

**Ages: 10-14 yrs.**

#### Basketball

**Ages: 7-14 yrs.**

#### Pickleball

**Ages: 10-14 yrs.**

# PRIVATE POOL RENTAL AREAS

## Barbecue Party Area

The Barbecue Picnic Area is the perfect option for medium sized family reunions, birthday parties, or just an evening with friends. Residents can enjoy the party area for two hours during open pool hours and include up to 50 guests. This fully shaded picnic area includes 12 round tables, 50 chairs, fully operational gas grill, sink, and wrap-around outdoor island.

**Rate (2 hr min.):** \$100 hr.; residents only

**Availability:** Year-round during posted pool hours

## Water Park Party Area (2 total)

The Water Park Party Area is the perfect option for smaller groups who want to enjoy the water park during open pool hours. Residents can enjoy the party area for two hours and include up to 25 guests. The area includes two 6-ft. tables, five round tables, and 25 chairs; no umbrellas provided but residents may bring a 10'x10' easy-up canopy. Feel free to decorate tables and dedicated party area, and bring your own food and treats for your guests.

**Rate (2 hr min.):** \$75 hr.; residents only

**Availability:** During water park season only

## Pool Cabana Rental (5 total)

Rent a private cabana area near the Big Splash Water Park. Each area features two lounge chairs, small table with chairs and cooler. This space accommodates parties of up to 8-10 people.

**Rate (2 hr min):** M-Th \$30 hr.

F-Su \$50 hr.

**Availability:** During water park season only

## Exclusive Water Park Rental

Get exclusive access to the entire water park, lap pool, and dive well for two hours with this private booking. Maximum capacity of 50 allowed during private parties in the water park complex. This party package gives residents the option to have a local vendor cater the event, but alcohol and glass is not permitted in the facility. Reservations available on Saturday and Sunday only and would start 30 minutes after posted closing. A non-refundable deposit is required for all bookings.

**Rate (2 hr min.):** \$500 hr. resident; \$1,000 hr. business

**Availability:** During water park season only

Register at [OnlineAtAnthem.com](https://OnlineAtAnthem.com) under 'Residents' and 'Activity Registration.'

Contact [membershipservices@anthemcouncil.com](mailto:membershipservices@anthemcouncil.com) with questions.



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Scan to go to registration page.

With questions about any of the programs offered in this section, please contact Kellen Popovich at [kpopovich@anthemcouncil.com](mailto:kpopovich@anthemcouncil.com).

### Parent-Teen Fitness Certification

Ages: 12-13 yrs. and adult

A certified trainer guides parents and teens through the regulations of the fitness floor, safe exercises and general fitness topics. Upon completion, teens will be able to work out alongside their parents at the Community Center.

### Personal Training

Workout options with certified personal trainers are offered for all fitness levels. Fees apply. If you are interested in working as a personal trainer or with a personal trainer at the Community Center, please call the Community Center Front Desk at 623-879-3011.

### Jujitsu & Swordfit

#### Kids & Adults Jujitsu for Life

Ages: 10 yrs.+

Shoshin Ryu Jujitsu is a complete system of martial arts derived from Japanese martial traditions. Shoshin Ryu is a well-rounded art that allows one to defend from grabs, chokes, holds, weapons, strikes, throws, and ground attacks. Training also focuses on character-building life skills like respect, discipline, focus, and confidence.

#### SwordFit

Ages: 12 yrs.+

Learn combative Samurai sword skills using safe, padded weapons. Students learn basic movement and handling skills, and then progress to advanced blocking/striking patterns. Students will also learn to fight solo, in pairs, and on battle teams in a safe, controlled environment. It's a serious workout that develops discipline, eye-hand coordination, distance and timing, and teamwork. Most of all, it's fun!

### Group Exercise Classes

Ages: Adult & Parent-Teen certified

Providing accurate info to our residents is of the utmost importance to us! Due to program dates/times being subject to change, the complete list of dates and times for programs listed in this section can be found online at [bit.ly/ACC-health-wellness-activities](http://bit.ly/ACC-health-wellness-activities).

With questions about any of the programs offered in this section, please contact Kellen Popovich at [kpopovich@anthemcouncil.com](mailto:kpopovich@anthemcouncil.com).

**ALL LEVELS YOGA:** Classes cover yogic postures, alignment, yogic concepts, and how to grow the practice into everyday life.

**BOXOLOGY:** This is a high-intensity cardio boxing class involving punching and kicking. Gloves and shoes required.

**CARDIO DANCE:** Join our morning dance party and get your workout in while you're at it! No dance experience necessary.

**C.B.S. (Core-Balance-Strength):** Toughen up your core, improve your balance, and increase your overall strength! We welcome participants of all levels and abilities.

**DEEP WATER:** Get your full-body workout while enjoying fresh air, beautiful views, and friendly company!

**HIIT:** A form of interval training, this exercise strategy alternates short periods of intense anaerobic exercise with less-intense recovery periods.

**HIP-HOP CARDIO/ TONING:** High-impact dance fitness to the latest hip-hop/pop music and light weights.

**KICKOLOGY:** Cardio Kickboxing/Kickology is a combination of dance and martial arts that will zap calories and define your muscles.

**SHALLOW WATER:** Water exercises are not only gentle on the joints, but they also invigorate all muscles, as well as loosen up and relax sore ones.

**STRENGTH & CONDITIONING:** Challenge your body and avoid fitness plateaus by using a wide variety of equipment and performing many types of exercises.

**ZUMBA:** Zumba is an interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.



Scan to go to registration page.

Dates and times are accurate (as of print date), but please be sure to check for the latest up-to-date program details online at [bit.ly/ACC-events-family-activities](http://bit.ly/ACC-events-family-activities).



Scan to go to registration page.

### Blood Drive

Ages: 16 yrs.+ (with signed parental consent)

**Location: Civic Building**

The need for blood is constant, and there is no substitute for volunteer blood donations. You must register in advance at [redcrossblood.org](http://redcrossblood.org) and use sponsor code: **AnthemCivicCenter**.

8/14	12:30-6:30 p.m.	W	Free
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# Fitness & Adventure Club Membership Options

- **VIP Fitness & Childcare Membership - \$69/month\***
- **Fitness Class Membership - \$55/month\***
- **Peleton Only Membership - \$35/month\*\***
- **Adventure Club Membership - \$45/month\***
- **Fitness 12-Punch Pass - \$65**
- **Fitness 24-Punch Pass - \$125**
- **Fitness Classes - Monthly - \$60**
- **Adventure Club - Monthly - \$50**

\*Terms: Understanding that this resident only membership will be set up for recurring monthly billing, so a valid credit card is required. There is a minimum of three (3) months of participation. After that period, membership is month to month. Termination of this membership must be done in writing and submitted by the 20th day of the current month for payments to stop for the next monthly billing. Group Fitness and Adventure Club usage is governed by existing rules. Residents agree to carry a Membership Card to identify their participation. All other Community Center rules still apply.

\*\*Peleton Classes under VIP Fitness Package, Fitness Class Membership. Not under Fitness 12-Punch Pass, Fitness Classes Monthly \$60 or any of the Adventure Club passes.